

## Information Books for Students

### **Beyond the basics : a resource for educators on sexuality**

40318 BK  
T 565 p. 2017 Action Canada for Sexual Health and authors Makeda Zook [and 3 others]. Beyond the Basics offers the tools to teach young people about sexuality and sexual health from a sex positive, human rights perspective. Covering topics that range from anatomy to consent and healthy relationships, Beyond the Basics approaches sexuality education across all gender identities and sexual orientations with activities that help move students from receiving information to making decisions based on critical thinking skills and empowerment. Recognizing the time pressures educators face, Beyond the Basics is written to easily move in and out of chapters, modules, and activities that suit the particular age, maturity, and trust in each classroom.—Publisher's description.

Sex education; Teaching—Aids and devices; Sexual hygiene; Gender identity—Study and teaching; Sex education—Problems, exercises, etc.; Sexual hygiene—Study and teaching; Inclusive education; Healthy relationships

### **Body Image [8 Books]**

40373 KT  
IJ 32 pce 2021 James Lorimer & Company Ltd.  
Written by Tierra Hohn  
*Deal with it (Toronto, Ont.) Series* - Discusses how to beware of stereotypical notions of body image; answers questions adolescents have about body image.

Self-esteem—Study and teaching; Self-perception; Body image; Inquiry-based learning; Science—Study and teaching—Texts; Healthy relationships; Physical education; Science—inquiry

### **The boy's body book : everything you need to know for growing up you!**

38413 BK  
PIJ  
by Kelli Dunham, R.N. ; illustrated by Steve Bjorkman.  
A guide for adolescent boys that discusses puberty, hygiene, exercise, teachers, peer pressure, siblings, and other topics.

Boys—Health and hygiene; Puberty; Bjorkman, Steve,—illustrator

### **\*Can we talk about consent? : a book about freedom, choices, and agreement**

41267 BK  
JS 159 p. 2021 Frances Lincoln Children's Books  
written by Justin Hancock ; illustrated by Fuchsia MacAree.  
". . . explains . . . what consent means and why it matters—for all of us . . . Readers will uncover how to

develop and maintain relationships, how to manage and avoid negative relationships, and will learn more about equality and respect. Covers a broad range of topics, including: how we greet each other; how to choose things for ourselves; how we say no to things we don't want to do; communicating and respecting choices in sexual relationships; the factors that can affect a person's ability to choose; and how to empower other people by giving them consent"—Provided by publisher.

Interpersonal relations; Sexual ethics; Freedom; Respect; Choice (Psychology); MacAree, Fuchsia,—illustrator; Physical and health education; Young adult literature—Collections

### **Can your conversations change the world?**

38521 BK

JS

Erinne Paisley.

*PopActivism book Series* - "Looks at the importance of talking about feminism and continuing to fight for equal rights"—Provided by publisher.

Equality; Feminism; Sex discrimination; Social action; Women's rights

## **Canadian celebrations**

### **Pride Festivals**

38509 BK

IJS 24 p. 2019

by Heather C. Hudak.

"Explores the history of Pride festivals, why they take place, and how people celebrate across Canada."—OCLC.

Festivals; Gay liberation movement; Pride Day

### **Celebrate your body : (and it's changes, too!) : the ultimate puberty book for girls**

38414 BK

IJ

Sonya Renee Taylor ; foreword by Bianca I. Laureano ; illustrated by Cait Brennan.

"First things first—you have an awesome body! As you get older you'll notice changes, and it's only natural to wonder what's going on. This book gives you answers to questions you may have about this exciting journey, along with lots of practical information you'll want to know along the way"—Back cover.

Girls—Growth; Girls—Health and hygiene; Girls—Physiology; Puberty; Brennan, Cait,—illustrator

### **\*Consent : deal with it before boundaries get crossed**

41290 BK

IJ 32 p. 2020 James Lorimer & Company Ltd., Publi  
Keisha Evans and N.B. Gonsalvez ; illustrated by Jenny Chan, The Public Studio.

"This illustrated book offers information, quizzes, comics and real-life situations to help kids think critically about what consent is, and what it looks and sounds like when it is given or not given. Considered from the viewpoints of those who are in a position to give consent, those who are in a position to be given consent, and witnesses to conflict around consent, this issue is identified, examined and put into a context that kids can understand and use to navigate issues of personal rights and emotional safety"—Provided by publisher.

Personal space; Interpersonal relations; Sexual ethics; Respect; Gonsalvez, N. B.,—author; Physical and health education

### **Deal with it (Toronto, Ont.)**

*For descriptions see individual titles:*  
Body Image [8 Books] [40373]  
Homophobia : deal with it and turn prejudice into pride [38419]

### **Dictionary for a better world : poems, quotes, and anecdotes from A to Z [6 books]**

39859 KT

IJ 119 pce 2020 Carolrhoda Books  
Irene Latham & Charles Waters

"Organized as a dictionary, entries in this book for middle-grade readers present words related to creating a better, more inclusive world. Each word is explored via a poem, a quote from an inspiring person, and a short personal anecdote from one of the co-authors, a prompt for how to translate the word into action, and an illustration"—Provided by publisher.

Alphabet; Conduct of life—Poetry; Conduct of life—Anecdotes; Human behavior—Poetry

### **Homophobia : deal with it and turn prejudice into pride**

38419 BK

IJS 32 p. 2013 James Lorimer & Company Ltd., Publi

Steven Solomon ; illustrated by Nick Johnson.

*Deal with it (Toronto, Ont.) Series* - Discusses how teenagers can deal with homophobia. Explains what it is and provides real-life problems and solutions. Includes quizzes that test one's ability to make positive choices. Also includes a resource guide.

Homophobia; Johnson, Nick—(Nicholas Alexander),—illustrator; Physical and health education; Social Studies; English/Language Arts

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### **I said no! : a kid-to-kid guide to keeping private parts private**

38543 BK

PI

by Zack and Kimberly King ; illustrated by Sue Ram©L.

Written from a kid's point of view, "I said no!", helps kids set healthy boundaries for their private parts, and describes how to deal with inappropriate behaviour by others.

Child sexual abuse—Prevention; Conduct of life; Interpersonal relations; Personal space—Study and teaching; Safety education; King, Kimberly,—author; Ram©L, Sue,—illustrator

### **A is for activist**

38511 BK

PI

written and illustrated by Innosanto Nagara.

An alphabet book, on board pages, that introduces ideas related to activism -including environment justice, feminism, human rights, and more.

Alphabet; Alphabet—Fiction; Board books for children; Political activists—Fiction; Political activists; Social justice; Social justice—Fiction

### **It feels good to be yourself : a book about gender identity**

38513 BK

PJ

2019

written by Theresa Thorn ; illustrated by Noah Grigni.

"Some people are boys. Some people are girls. Some people are both, neither, or somewhere in between. This . . . straightforward exploration of gender identity will give children a fuller understanding of themselves and others"—Publisher.

Gender identity; Grigni, Noah,—illustrator

### **It's not the stork! : a book about girls, boys, babies, bodies, families, and friends**

38418 BK

PI

Robie H. Harris ; illustrated by Michael Emberley.

A collection of illustrated questions and answers that help preschool, kindergarten, and early elementary school children understand about their bodies and how they began.

Childbirth; Reproduction; Sex differences (Psychology); Sex education; Emberley, Michael,—illustrator

### **It's perfectly normal : a book about changing bodies, growing up, sex, and sexual health**

24542 BK

IJ 89 p. 1994 Candlewick Press  
Robie H. Harris ; illustrated by Michael Emberley.

Provides answers to nearly every conceivable question children may have about sexuality, from conception and puberty to birth control and AIDS. (613.9/07)

Family life education; Personal planning; Sex education; Sexual hygiene; Emberley, Michael,—ill

### **It's perfectly normal : changing bodies, growing up, sex, and sexual health**

38415 BK

PIJ

Robie H. Harris ; illustrated by Michael Emberley.

Provides answers to nearly every conceivable question children may have about sexuality, from conception and puberty to birth control and AIDS.

Reproduction; Reproductive system; Sex education; Sexual hygiene; Emberley, Michael,—illustrator

### **Let's talk about body boundaries, consent & respect : a book to teach children about body ownership, respectful relationships, feelings and emotions, choices, and recognizing bullying behaviors**

38538 BK

PI

by Jayneen Sanders ; illustrated by Sarah Jennings.

"Teaching young children about body boundaries, both theirs and others, is crucial to a child's growing sense of self, their confidence and how they should expect to be treated by others. A child growing up knowing they have a right to their own personal space, gives that child ownership and choices as to what happens to them and to their body. It is equally important a child understands, from a very young age, they need to respect another person's body boundary and ask for their consent when entering their personal space." -OCLC.

Conduct of life; Interpersonal relations; Personal space—Study and teaching; Safety education; Jennings, Sarah,—illustrator

### **The little black book for girlz : a book on healthy sexuality**

38406 BK

JS 208 p. 2006 Annick Press  
St. Stephen's Community House.

Presents a collection of stories, facts, interviews, poems, and artwork that address sexuality issues of young women, including relationships, birth control, pregnancy, homosexuality, and much more. Includes glossary.

Girls—Health and hygiene; Health; Puberty; Sex education; Teenagers—Health and hygiene

### **The little black book for guys : guys talk about sex**

38407 BK

JS 244 p. 2008 Annick Press  
St. Stephen's Community House.

Young men explore the problems and issues they face concerning sex, girls, relationships, and homosexuality. Addresses common myths and offers practical advice to help other young men make responsible choices. Includes a glossary.

Boys—Health and hygiene; Health; Puberty; Sex education; Teenagers—Health and hygiene

### **✧ Naked : not your average sex encyclopedia**

41268 BK

JS 243 p. 2022 Orca Book Publishers

Myriam Daguzan Bernier ; illustrated by Cécile Gariépy ; translated by Charles Simard.

"Introduces teens to practical information about sexuality from A to Z. It explains 155 body-related terms and is illustrated throughout"—Provided by publisher.

Sex education; Human body; Teenagers—Sexual behavior; Sex; Young adult literature—Collections

### **The period book : a girl's guide to growing up**

38562 BK

IJ

Karen Gravelle with Jennifer Gravelle Stratton ; illustrated by Debbie Palen. Explains what happens at the onset of menstruation, discussing what to wear, going to the gynecologist, and how to handle various problems.

Menstruation; Puberty; Gravelle, Jennifer,—author; Palen, Debbie,—illustrator

### **PopActivism book**

*For descriptions see individual titles: Can your conversations change the world? [38521]*

### **The Power of Style : How Fashion and Beauty are Being Used to Reclaim Cultures**

40696 BK

JS 90 p. 2021 Annick Press  
Christian Allaire.

"Style is not just the clothes on our backs—it is self-expression, representation, and transformation. As a fashion-obsessed Ojibwe teen, Christian Allaire rarely saw anyone that looked like him in the magazines or movies he looked to for inspiration. Now the Fashion and Style Writer for 'Vogue,' he is working to change that—because clothes are never just clothes. Men's heels are a statement of pride in the face of LGBTQ+ discrimination, while ribbon shirts

honor Indigenous ancestors and keep culture alive. Allaire takes the reader through boldly designed chapters to discuss additional topics like cosplay, make up, hijabs, and hair, probing the connections between fashion and history, culture, politics, and social justice"—Provided by publisher.

Fashion; Clothing and dress; Fashion design; Costume; Clothing industry; Fashion—Social aspects; Costume—20th century—History; Inclusive education; Textiles; Powwows

**Pride : celebrating diversity & community**

37192 BK  
PIJ 119 p.  
Robin Stevenson.  
Looks at Gay Pride Day and what led to its creation.  
Gay liberation movement; Gay rights; Homosexuality

**Pride : the celebration and the struggle**

40480 BK  
JS 167 p. 2020 Orca Book Publishers  
Robin Stevenson.  
Looks at Gay Pride Day and what led to its creation.  
Festivals; Gay rights; Gay liberation movement; Pride Day; LGBT people; Social movements; Inclusive education; Healthy relationships

**Pride : the story of Harvey Milk and the Rainbow Flag**

38709 BK  
P  
written by Rob Sanders ; illustrated by Steven Salerno.  
"Traces the [history] of the Gay Pride Flag, from its beginnings with social activist Harvey Milk and designer Gilbert Baker to its spanning of the globe and its role in today's world."—OCLC.  
Flags—History; Gay liberation movement—History; Gay rights—History; Sexual orientation; Milk, Harvey; Salerno, Steven,—illustrator

**The Queeriodic Table : a Celebration of LGBTQ+ Culture**

39324 BK  
T 126 p. 2019  
Harriet Dyer ; text by Abi McMahon.  
"Celebrate . . . modern queer culture and its vast history with this . . . introduction to all the essential elements that helped sculpt the LGBTQ+ community up to the present day, including: the . . . stories of queer pioneers like Marsha P. Johnson, celebrities, game-changers and unsung heroes alike, the essential LGBTQ+ timeline of queer world history the biggest queer culture festivals and events in the world and classic works of queer art, literature, music, TV and film"—OCLC.

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Gays; LGBT people; LGBT people—Civil rights—History; McMahon, Abi,—author

**S.E.X. : the all-you-need-to-know progressive sexuality guide to get you through your teens and twenties**

38545 BK  
JS  
Heather Corinna.  
A guide to sex related topics that addresses female and male anatomy, puberty, body image, masturbation, orgasm, sexual identity, dating, virginity, sexually transmitted infections, rape, contraception, pregnancy, and much more.  
Sex; Sex education; Sexual hygiene

**Say something**

38574 BK  
PI  
by Peggy Moss ; illustrated by Lea Lyon.  
A child who never says anything when other children are being teased or bullied finds herself in their position one day when jokes are made at her expense and no one speaks up.  
Assertiveness (Psychology)—Fiction; Bullies—Fiction; School stories; Teasing—Fiction; Lyon, Lea,—1945—illustrator

**Sex is a funny word : a book about bodies, feelings, and you**

38411 BK  
PI  
by Cory Silverberg ; and illustrations, Fiona Smyth.  
Text and illustrations look at the human body, gender, and sexuality for children.  
Sex—Physiological aspects; Sex differences (Psychology); Sex education; Smyth, Fiona,—illustrator

**\*Wait, what? : a comic book guide to relationships, bodies, and growing up**

42333 BK  
JS 75 p. 2019 Limrence Press  
by Heather Corinna & Isabella Rotman.  
In graphic novel format friends Mallia, Rico, Max, Sam, and Alexis talk about growing up, including sexual and gender identity, puberty, boundaries and consent, and more.  
Sex education; Sex education—Comic books, strips, etc; Man-woman relationship—Comic books, strips, etc; Gender identity—Comic books, strips, etc; Rotman, Isabella,—illustrator; English/Language Arts; Healthy relationships

**What does consent really mean?**

38392 BK  
JS  
written by Pete Wallis and Thalia Wallis ; illustrated by Joseph Wilkins.  
"Learn more about consent and what it means for you by following a group of teenage friends chatting on their way home from school. Confronted by the myths and taboos surrounding sex and consent, they talk about their own experiences and debate what's okay and what's not, as they explore what consent really means."—Back cover.  
Interpersonal relations—Graphic novels; Sexual harassment; Sexual harassment—Graphic novels; Teenagers—Sexual behavior—Graphic novels; Teenagers—Sexual behavior; Wallis, Thalia,—author; Wilkins, Joseph—(Freelance illustrator)—illustrator

**What makes a baby**

38416 BK  
P  
written by Cory Silverberg ; illustrated by Fiona Smyth.  
A picture book that explains human reproduction.  
Reproduction; Sex education; Smyth, Fiona,—illustrator

**What's happening to me**

38506 BK  
PI 48 p. 2006 Usborne [or] EDC  
Alex Frith ; illustrated by Adam Larkum ; designed by Neil Francis ; edited by Susan Meredith.  
Provides information on personal health and the physical and emotional changes boys go through as they grow from boys to men. Also includes brief facts about how girls mature.  
Adolescence; Boys—Health and hygiene; Puberty; Sex education; Larkum, Adam,—ill

**What's happening to me**

38507 BK  
PI 48 p. 2006 Usborne [or] EDC  
Susan Meredith ; designed & illustrated by Nancy Leschnikoff ; edited by Jane Chisholm.  
Provides information on personal health and the physical and emotional changes girls go through as they grow from girls to women. Covers body changes, periods, emotions, hygiene, and other related topics. Also includes brief facts about how girls mature.  
Adolescence; Girls—Health and hygiene; Puberty; Sex education; Leschnikoff, Nancy,—ill

**What's the big secret : talking about sex with girls and boys**

38409 BK

PJ 31 p. 1997 Little Brown and Company

Laurie Krasny Brown and Marc Brown. Answers some of the most common questions about sex differences and sexual development using straight text and cartoon illustrations.

Human anatomy; Reproduction; Sex education; Brown, Marc Tolon

**Who are you? : the kid's guide to gender identity**

39915 BK

PJ 2017

Brook Pessin-Whedbee ; illustrated by Naomi Bardoff.

"... presents clear and direct language for understanding and talking about how we experience gender: our bodies, our expression and our identity"—Amazon.com.

Gender identity; Gender role; Transgender people; Bardoff, Naomi,—illustrator; Social Studies

**The world around us**

**Under our clothes : our first talk about our bodies**

38710 BK

PJ

Dr. Jillian Roberts ; illustrations by Jane Heinrichs.

". . . introduces young readers to the ideas of body safety and body image"—Provided by publisher.

Body image; Child abuse-prevention; Child sexual abuse—Prevention; Personal space—Study and teaching; Safety education; Heinrichs, Jane,—1982—illustrator

**Your body belongs to you**

38410 BK

P 1997 A. Whitman

Cornelia Spelman ; illustrated by Teri Weidner.

Explains what to say and do if someone touches your body when you do not want to be touched, especially when the action involves the touching of private parts.

Child sexual abuse—Prevention; Hugging—Prevention; Safety education; Touch—Prevention; Weidner, Teri,—ill