

Beyond birds & bees : bringing home a new message to our kids about sex, love, and equality

38567 BK

T

Bonnie J. Rough.

"A[n] . . . exploration of how Americans teach our children about sex, with practical takeaways from the author's research, and her experiences observing Dutch parenting while living in Amsterdam. Bonnie Rough was a new mother grappling with many typical concerns of raising a daughter: how to inspire her to push past stereotypes, how to teach her to have a healthy attitude towards her body and her sexuality. Then her husband's job relocated the family to Amsterdam, where Rough quickly witnessed the free, uninhibited, and egalitarian sexual attitudes of the Dutch . . . In 'Beyond Birds & Bees,' Rough describes how to implement the easygoing, surprisingly low-risk European attitude, reflecting on her experiences with her daughters."—Provided by publisher.

Child psychology; Child rearing; Love; Parenting; Sex education

Bully prevention : in positive behavior support

34135 BK

T 2000 Educational and Community Supports

[Scott Ross, Rob Horner, and Bruce Stiller].

"Giving students the tools to reduce bullying behavior through the blending of school wide positive behavior support, explicit instruction, and a redefinition of the bullying construct".

Bullies—Prevention; Bullies—Teaching aids and devices; School violence; Social responsibility; Horner, Rob; Stiller, Bruce

Bully prevention : in positive behavior support for middle schools

34136 BK

T 2000 Educational and Community Supports

[Scott Ross, Rob Horner, and Bruce Stiller].

"Giving students the tools to reduce bullying behavior through the blending of school wide positive behavior support, explicit instruction, and a redefinition of the bullying construct".

Bullies—Prevention; Bullies—Teaching aids and devices; School violence; Horner, Rob; Stiller, Bruce

Information Books for Adults

The bully, the bullied, and the bystander : from preschool to high school: how parents and teachers can help break the cycle of violence

31661 BK

T 218 p. 2002 Harper Collins

Barbara Coloroso.

A guide for parents and teachers on child bullying that explains how to tell if a child is being bullied, how to change bullying behavior, how to help bystanders become active in solving the problem, how to evaluate school policies. (371.7/82)

Aggressiveness (psychology); Bullies; School violence—Prevention; Social responsibility

Focus on bullying : a prevention program for elementary school communities

31335 BK

T 379 p. 1998 British Columbia.

Ministry of Attor

A manual to help create conditions through which children respect and support one another. It covers the nature of bullying, myths and stereotypes about it and a school-wide plan to create a safe school environment. (158.2)

Bullies—Handbooks, manuals, etc; Personal Planning K-7; School violence—Prevention

For goodness sex : changing the way we talk to teens about sexuality, values, and health

38714 BK

T

Al Vernacchio, with Brooke Lea Foster.

"A progressive approach to sexuality education that challenges commonly-held beliefs about how we talk to young people about sex and offers a controversial yet proven alternative to the standard conversations taking place in schools and homes across America"—Provided by publisher.

Parent-child relationship; Sex education; Sexual ethics; Teenagers—Sex; Foster, Brooke Lee,—author

From diapers to dating : a parent's guide to raising sexually healthy children

38563 BK

T

Debra W. Haffner.

Offers practical techniques to help parents identify and communicate their own values about sexuality with their children from birth through age twelve.

Parenting; Sex education; Teenagers—Sexual behavior

Hold on to your kids : why parents matter

28049 BK

PT 332 p. 2004 A.A. Knopf Canada

Gordon Neufeld and Gabor Maté.

This book examines the 'how' and 'why' young people today tend to look to their peers for a sense of right and wrong, values, identity, and codes of behaviour instead of to their parents. It also looks at how it is possible to restore parenting to its natural intuitive basis and the parent-child relationship to its rightful preeminence. (649/.1)

Parent-child relationship; Parenting; Peer pressure; Maté, Gabor

The MindUp curriculum : focused classrooms, mindful learning, resilient students : grades 3-5

35259 BK

PIT 160 p. 2011 Scholastic

A curriculum for teachers that presents fifteen lessons for students, in grades third through fifth, on how the brain can improve behavior and learning. Lessons include focused awareness, mindful listening, and expressing gratitude.

Personality—Study and teaching; Personality—Problems, exercises, etc; Psychology—Problems, exercises, etc; Psychology—Study and teaching; Social skills; Social skills—Problems, exercises, etc; Social values—Study and teaching; Social values—Problems, exercises, etc

The MindUp curriculum : focused classrooms, mindful learning, resilient students : grades pre-K-2

35258 BK

PT 160 p. 2011 Scholastic

A curriculum for teachers that presents fifteen lessons for students, in grades Pre-K through second, on how the brain can improve behavior and learning. Lessons include focused awareness, mindful listening, and expressing gratitude.

Personality—Study and teaching; Personality—Problems, exercises, etc; Psychology—Problems, exercises, etc; Psychology—Study and teaching; Social skills; Social skills—Problems, exercises, etc; Social values—Study and teaching; Social values—Problems, exercises, etc

Our bodies, ourselves

38546 BK

T

Boston Women's Health Book Collective.

Addresses a variety of women's health issues, providing expert information as well as personal stories on such issues as body image, illness, pregnancy, childbirth, AIDS, aging, nutrition, sexuality, and others.

Sexual hygiene; Women—Diseases;
Women—Health and hygiene;
Women—Psychology

PREVNet

For descriptions see individual titles:
Rise up for respectful relationships :
prevent bullying [35045]

The Queeriodic Table : a Celebration of LGBTQ+ Culture

39324 BK

T 126 p. 2019

Harriet Dyer ; text by Abi McMahon.
"Celebrate . . . modern queer culture
and its vast history with this . . .
introduction to all the essential
elements that helped sculpt the
LGBTQ+ community up to the present
day, including: the . . . stories of
queer pioneers like Marsha P.
Johnson, celebrities, game-changers
and unsung heroes alike, the essential
LGBTQ+ timeline of queer world
history the biggest queer culture
festivals and events in the world and
classic works of queer art, literature,
music, TV and film"—OCLC.

Gays; LGBT people; LGBT people—
Civil rights—History; McMahon,
Abi,—author

Rise up for respectful relationships : prevent bullying

35045 BK

217 p. 2009 PREVNet

edited by Wendy Craig, Debra Pepler
and Joanne Cummings.

PREVNet Series - PREVNet
(Promoting Relationships and
Eliminating Violence Network) is a
national network of Canadian
researchers, non-governmental
organizations (NGOs) and
governments committed to stop
bullying. This second volume
(developed from the second annual
conference) offers understanding and
guidance to help readers consider
their roles in shaping healthy
relationships and supporting healthy
development of children and youth.

Bullies; Bullies—Prevention; Self-
esteem; Craig, Wendy; Cummings,
Joanne; Pepler, Debra

Roots of empathy : changing the world, child by child

38564 BK

264 p. 2007 Thomas Allen

Publishers

Mary Gordon.

A guide to teaching empathy to
children.

Aggressiveness
(Psychology)—Prevention; Bullies—
Prevention—Study and teaching;
Empathy—Study and teaching

Information Books for Adults

Talk sex today : what kids need to know and how adults can teach them

38565 BK

Saleema Noon and Meg Hickling.

This book provides the information
and language parents, and also
grandparents, teachers, and other
professionals/caregivers, need in order
to talk to children and teens about sex
and sexual health, in ways that are
age-appropriate at each stage of
sexual, psycho-social development,
beginning with preschoolers through to
late teens. Topics include: gender
identity and attraction, physical/sexual
development, emotional readiness,
boundaries, contraception, pregnancy,
STIs, relationships, assertiveness,
sexual consent, sex and media/social
media, (sexting, cyberbullying, selfies),
etc. The book also includes a chapter
on teaching sexual health to children
and teens with special needs.

Sex; Sex education; Teenagers—
Sexual behavior; Hickling,
Meg,—1941—author

The transgender child

38568 BK

T

Stephanie Brill and Rachel Pepper.
A comprehensive guide for parent,
educators, and professionals that
offers advice on understanding and
working with children believed to be
transgender.

Gender identity; Gender role;
Transgender people; Pepper,
Rachel,—author