

Sexual Health and Healthy Relationships

A+ books. Shelley Rotner's world

For descriptions see individual titles:
Feeling thankful [35892]

♣ Acceptance is my superpower

41620 BK

2020

Alicia Ortego

Alicia Ortego.

My superpower series - "We are all different. And whilst children are often wonderful at accepting differences easily, there are times when a lack of understanding can result in hurtful words or actions. As adults, it is our responsibility to teach children that differences are not flaws but are, in fact, our super powers. Lisa, a primary school student with a love of singing, learns just that in 'Acceptance is my Superpower' when a cruel comment from someone she regards as a friend leads her down a path of discovery of the true meaning of diversity and how it can be applied to everyone."—OCLC.

Stories in rhyme; Self-acceptance—Fiction; Emotions—Fiction; Equality—Fiction; Language arts (Primary)

After the fall : how Humpty Dumpty got back up again

37826 BK

P

a story by Dan Santat.

After falling off the wall, Humpty Dumpty is very afraid of climbing up again, but is determined not to let fear stop him from being close to the birds.

Ability—Fiction; Characters and characteristics in literature—Fiction; Creative thinking; Fear—Fiction

Alan Cole is Not a Coward [6 books]

38516 KT

I 262 pce 2017 Katherine Tegen Books

Bell, Eric

Hoping to keep his older brother Nathan silent about his secret crush on another boy at their school, twelve-year-old Alan agrees to a ruthless sibling competition involving nearly impossible tasks – from standing up to their demanding father, to getting a first kiss.

Brothers—Fiction; Family life—Fiction; Friendship—Fiction; Gays—Fiction; Middle schools—Fiction; School stories—Fiction; English/Language Arts

All about faces

34151 BK

P 27 p. 2009 Seven Footer Press

by La ZOO ; [English language adaptation by Robert Kempe & David Gomberg ; Japanese translation by Junko Miyakoshi]

Learn to interpret facial expressions. Bold illustrations enhance this fun-filled introduction to the different features of the face, the way it is used to communicate with others, and the

transformations it can undergo from one moment to the next, based on the actions and feelings of its owner.

Emotions—Juvenile literature; Face—Juvenile literature; Gomberg, David; Kempe, Robert; Myakoshi, Junko

All families are different

38501 KT

P

Includes a variety of picture books looking at different families – some big and some small, some with only one parent and some with two moms or dads, some quiet and some noisy – but all alike in some ways, and special no matter what.

Children of gay parents; Family; Family life; Father-child relationship; Gay parents; Mother-child relationship; Same-sex marriage; School stories; Sexual orientation

All families are special

38498 KT

P

This kit contains picture books about different families and how important and special they all are.

Family; Family life; Father-child relationship; Gay parents; Mother-child relationship

All families are special

38540 BK

P

Norma Simon ; illustrated by Teresa Flavin.

Students in Mrs. Mack's class describe their families -big or small, living together or apart, with two moms or none -and learn why every family is special and important.

Family life—Fiction; School stories; Flavin, Teresa,—illustrator

Almost Perfect [6 books]

37629 KT

S 360 pce 2009 Random House Children's Books

Brian Katcher

With his mother working long hours and in pain from a romantic break-up, eighteen-year-old Logan feels alone and unloved until a zany new student arrives at his small-town Missouri high school, keeping a big secret.

Dating (social customs); Friendship—Fiction; Gender identity—Fiction; High schools—Fiction; Identity—Fiction; Schools—Fiction; Single parent family; Transgender people—Fiction

Always changing: a guidebook about puberty

28946 KT

I 29 pce

2006

Ophea

CAHPERD

Always changing, for boys and girls, provides valuable resources containing background information about puberty. Includes teaching activities and reproducible worksheets for students. Also includes DVD that provide overview of growth and development at puberty. Student books contain facts about embarrassing situations, menstrual protection products, talking to parents and personal hygiene. (612.6)

Puberty; Sex education; Teenagers

American born Chinese [6 books]

36896 KT

JS 233 pce 2000 Square Fish

Gene Luen Yang

Alternates three interrelated stories about the problems of young Chinese Americans trying to participate in the popular culture. Presented in comic book format.

Chinese Americans—Graphic novels; Graphic novels; Identity (Psychology)—Graphic novels; School stories

And Tango makes three

36922 BK

PI 2005 Simon & Schuster Books for Young Re

by Justin Richardson and Peter Parnell ; illustrated by Henry Cole.

At New York City's Central Park Zoo, two male penguins fall in love and start a family by taking turns sitting on an abandoned egg until it hatches.

Animal behavior—Fiction; Central Park (New York, NY)—Fiction; New York (N.Y.)—Fiction; Penguins—Fiction; Personal and cultural identity; Zoo animals—Fiction; Cole, Henry,—1955—ill; Parnell, Peter

Angry octopus : a relaxation story

40412 BK

PIJ 28 p. 2011 Stress Free Books

by Lori Lite ; illustrated by Max Stasuyk.

Relaxation series - A seachild helps an octopus gain control over his emotions after he wakes to find his seashell rock garden in disarray and completely loses his temper.

Anger—Fiction; Rest—Fiction; Octopuses—Fiction; Stress management—Fiction; Stasuyk, Max,—ill; Inclusive education; Healthy relationships

Sexual Health and Healthy Relationships

April Raintree [6 books]

37678 KT

JS 242 pce 1984 Highwater Press
Beatrice Mosionier

Contemporary novel of two Métis sisters and their search for an identity. Suitable for a grade 10-12 audience, this novel tells the story of two sisters who were victims of the residential school system, separated from their family and from each other. As adults, each sister deals with the situation quite differently: one remains true to her Indigenous roots while the other tries to fit into society. This emotionally-charged story of healing and hope presents the reality facing Indigenous people today, many of the stereotypes about Indigenous peoples, and the legacy of residential schools in Canada.

Family–Fiction; First Nations–Fiction; Métis–Fiction; Social Studies; Aboriginal; English language arts

Aristotle and Dante discover the secrets of the universe [6 books]

38645 KT

JS 359 pce 2014 Simon & Schuster Books for Young Re
Benjamin Alire Sáenz

Ari Mendoza is an angry loner with a brother in prison, but when he meets Dante and they become friends, Ari starts to ask questions about himself, his parents, and his family that he has never asked before.

Bildungsromans–Fiction; Family life–Fiction; Friendship–Fiction; Gender identity–Fiction; Homosexuality–Fiction; Mexican Americans–Fiction

Ask the passengers [6 books]

37662 KT

S 293 pce 2012 Little Brown
A.S. King

"Astrid Jones copes with her small town's gossip and narrow-mindedness by staring at the sky and imagining that she's sending love to the passengers in the airplanes flying high over her backyard. Maybe they'll know what to do with it. Maybe it'll make them happy. Maybe they'll need it. Her mother doesn't want it, her father's always stoned, her perfect sister's too busy trying to fit in, and the people in her small town would never allow her to love the person she really wants to; another girl, named Dee. There's no one Astrid feels she can talk to about this deep secret or the profound questions that she's trying to answer. But little does she know just how much sending her love—and asking the right questions—will affect the passengers' lives, and her own, for the better"—Provided by the publisher.

Family problems–Fiction; Gender identity–Fiction; Gossip–Fiction; High schools–Fiction; Lesbians–Fiction; Love–Fiction; Prejudices–Fiction; Schools–Fiction

Beautiful

39019 BK

PI

2016

Stacy McAnulty ; illustrated by Joanne Lew-Vriethoff.

Spirited girls offer a quirky take on traditional advice of how beautiful girls should behave, showing how their own individuality and talent make them beautiful.

Friendship–Fiction; Girls–Fiction; Human behavior–Fiction; Self-esteem–Fiction; Lew-Vriethoff, Joanne,—illustrator

Beautiful oops

37360 BK

PI

2010

Workman

Barney Saltzberg.

Demonstrates the many ways that torn, crinkled, and smudged bits of paper can be transformed into various shapes and images. On board pages with lift-the-flap activities.

Creative thinking; Errors–Humor; Paper crafts–Miscellanea; Shape–Humor; Toy and movable books

The Berenstain Bears learn about strangers

38518 BK

P

1985

Stan & Jan Berenstain.

First time books Series - The Berenstain Bear cubs learn not to be overly friendly with strangers and give their rules for dealing with them.

Bears–Fiction; Berenstain Bears (Fictional characters)–Fiction; Children and strangers–Fiction; Safety education–Fiction

Better Nate than ever [6 books]

37835 KT

IJ 275 pce 2013 Simon & Schuster Books for Young Re

Tim Federle

An eighth-grader who dreams of performing in a Broadway musical concocts a plan to run away to New York and audition for the role of Elliot in the musical version of "E.T."

Broadway (New York, N.Y.)–Fiction; Gender role–Fiction; Musicals–Fiction; New York (N.Y.)–Fiction; Theatre–Fiction

Beyond birds & bees : bringing home a new message to our kids about sex, love, and equality

38567 BK

T

Bonnie J. Rough.

"A[n] . . . exploration of how Americans teach our children about sex, with practical takeaways from the author's research, and her experiences observing Dutch parenting while living in Amsterdam. Bonnie Rough was a new mother grappling with many typical concerns of raising a daughter: how to inspire her to push past stereotypes, how to teach her to have a healthy attitude towards her body and her sexuality. Then her husband's job relocated the family to Amsterdam, where Rough quickly witnessed the free, uninhibited, and egalitarian sexual attitudes of the Dutch . . . In 'Beyond Birds & Bees,' Rough describes how to implement the easygoing, surprisingly low-risk European attitude, reflecting on her experiences with her daughters."—Provided by publisher.

Child psychology; Child rearing; Love; Parenting; Sex education

Beyond the basics : a resource for educators on sexuality

40318 BK

T 565 p. 2017 Action Canada for Sexual Health and

authors Makeda Zook [and 3 others]. Beyond the Basics offers the tools to teach young people about sexuality and sexual health from a sex positive, human rights perspective. Covering topics that range from anatomy to consent and healthy relationships, Beyond the Basics approaches sexuality education across all gender identities and sexual orientations with activities that help move students from receiving information to making decisions based on critical thinking skills and empowerment. Recognizing the time pressures educators face, Beyond the Basics is written to easily move in and out of chapters, modules, and activities that suit the particular age, maturity, and trust in each classroom.—Publisher's description.

Sex education; Teaching–Aids and devices; Sexual hygiene; Gender identity–Study and teaching; Sex education–Problems, exercises, etc; Sexual hygiene–Study and teaching; Inclusive education; Healthy relationships

Body Image [8 Books]

40373 KT

IJ 32 pce 2021 James Lorimer & Company Ltd.

Written by Tierra Hohn

Deal with it (Toronto, Ont.) Series - Discusses how to beware of stereotypical notions of body image; answers questions adolescents have about body image.

Sexual Health and Healthy Relationships

Self-esteem—Study and teaching; Self-perception; Body image; Inquiry-based learning; Science—Study and teaching—Texts; Healthy relationships; Physical education; Science—inquiry

Body systems and health [package]

31598 DV

IJ 80 min 2008 McIntyre Media
Using realistic examples, programs in this four-title package focus on the workings of various body systems, how to maintain their good health and how to avoid commonly associated problems. Two systems are featured in each program. Titles include: Healthy Circulatory and Respiratory Systems; Healthy Digestive and Excretory Systems; Healthy Nervous and Endocrine System; Healthy Skeletal and Muscular Systems. Designed to facilitate instruction and learning, the programs include onscreen script, captions that highlight vocabulary, chunked contents that conclude with review questions, appropriate pacing, and a final section with questions for assessment. Useful as an introduction to the topic or during the course of a unit, the programs also support ESL learning. Included are comprehensive teacher's guides that provide activities and assessment tools as well as the complete program scripts. (612)

Circulatory system; Digestive system—Study and teaching; Human anatomy; Human anatomy; Nervous system; Respiratory system; Science

Body systems kit

34810 KT

Roylco

8 sturdy cardboard, full-sized body cut-outs for wall display. Each of the 8 cut-outs is the size of an average 10 year old. This kit also includes 8 identical copies of the larger cut-outs in a 1 ft. size. The eight illustrated body systems include the skeleton system, urinary system, nervous system, endocrine system, digestive system, respiratory system, lymphatic system, and the muscular system. (612)

Circulatory system; Digestion; Healthy schools; Human anatomy; Human body; Life science; Lungs; Musculoskeletal system; Respiratory system

Body systems with books and models

37986 KT

PIJ

This kit has both books and models exploring the digestive, heart and blood vessels, kidneys and bladder, lungs, muscles and skeleton systems. Includes a pumping heart model allowing students to visualize blood flow through the heart and into the

lungs for oxygenation. Also includes 3 science models for hands-on use.

Bacteria; Blood—Circulation; Bones; Cardiovascular system; Cells; Digestion; Digestive system; Human anatomy; Human body; Muscles; Musculoskeletal system; Physiology; Respiration; Respiratory system; Science

The boy's body book : everything you need to know for growing up you!

38413 BK

PIJ

by Kelli Dunham, R.N. ; illustrated by Steve Bjorkman.

A guide for adolescent boys that discusses puberty, hygiene, exercise, teachers, peer pressure, siblings, and other topics.

Boys—Health and hygiene; Puberty; Bjorkman, Steve,—illustrator

Brave face : a memoir

40354 BK

JS 356 p. 2019 Simon Pulse
Shaun David Hutchinson.

"Shaun David Hutchinson was nineteen. Confused. Struggling to find the vocabulary to understand and accept who he was and how he fit into a community in which he couldn't see himself. The voice of depression told him that he would never be loved or wanted, while powerful and hurtful messages from society told him that being gay meant love and happiness weren't for him. A million moments large and small over the years all came together to convince Shaun that he couldn't keep going, that he had no future. And so he followed through on trying to make that a reality. Thankfully Shaun survived, and over time, came to embrace how grateful he is and how to find self-acceptance. In this courageous and deeply honest memoir, Shaun takes readers through the journey of what brought him to the edge, and what has helped him truly believe that it does get better"—Publisher.

Depression (psychology); Manic-depressive illness; Suicide—Psychological aspects—Biography —sears; Self-destructive behavior; Gay men—Biography; Hutchinson, Shaun David; Gender identity—Fiction; Healthy relationships

The breadwinner

The breadwinner [6 books]

36333 KT

I 171 pce 2000 Greenwood Books / House of Anasi P

Deborah Ellis

Because the Taliban rulers of Kabul, Afghanistan, impose strict limitability on women's freedom and behavior. 11 year old, Parvana must disguise herself as a boy so that her family can survive after her father's arrest.

Afghanistan—fiction; Family life—Fiction; Friendship—Fiction; Gender role—Fiction; Reading; Women—Employment—Fiction

Building character with Kelso : Character education curriculum kit

35754 KT

PI 2012

Cerebellum

Barbara Clark and Diane Hipp

This kit a a powerful and timely tool created to help develop positive character traits in young people.

Character—Study and teaching; Conflict resolution; Empathy; Moral education; Self esteem; Social responsibility; Values; Virtues

Bully prevention : in positive behavior support

34135 BK

T 2000 Educational and Community Supports

[Scott Ross, Rob Horner, and Bruce Stiller].

"Giving students the tools to reduce bullying behavior through the blending of school wide positive behavior support, explicit instruction, and a redefinition of the bullying construct".

Bullies—Prevention; Bullies—Teaching aids and devices; School violence; Social responsibility; Horner, Rob; Stiller, Bruce

Bully prevention : in positive behavior support for middle schools

34136 BK

T 2000 Educational and Community Supports

[Scott Ross, Rob Horner, and Bruce Stiller].

"Giving students the tools to reduce bullying behavior through the blending of school wide positive behavior support, explicit instruction, and a redefinition of the bullying construct".

Bullies—Prevention; Bullies—Teaching aids and devices; School violence; Horner, Rob; Stiller, Bruce

The bully, the bullied, and the bystander : from preschool to high school: how parents and teachers can help break the cycle of violence

31661 BK

T 218 p. 2002 Harper Collins

Barbara Coloroso.

A guide for parents and teachers on child bullying that explains how to tell if a child is being bullied, how to change bullying behavior, how to help bystanders become active in solving the problem, how to evaluate school policies. (371.7/82)

Aggressiveness (psychology); Bullies; School violence—Prevention; Social responsibility

Sexual Health and Healthy Relationships

*Can we talk about consent? : a book about freedom, choices, and agreement

41267 BK

JS 159 p. 2021 Frances Lincoln Children's Books

written by Justin Hancock ; illustrated by Fuchsia MacAree.

". . . explains . . . what consent means and why it matters—for all of us . . . Readers will uncover how to develop and maintain relationships, how to manage and avoid negative relationships, and will learn more about equality and respect. Covers a broad range of topics, including: how we greet each other; how to choose things for ourselves; how we say no to things we don't want to do; communicating and respecting choices in sexual relationships; the factors that can affect a person's ability to choose; and how to empower other people by giving them consent"—Provided by publisher.

Interpersonal relations; Sexual ethics; Freedom; Respect; Choice (Psychology); MacAree, Fuchsia,—illustrator; Physical and health education; Young adult literature—Collections

Can your conversations change the world?

38521 BK

JS

Erinne Paisley.

PopActivism book Series - "Looks at the importance of talking about feminism and continuing to fight for equal rights"—Provided by publisher.

Equality; Feminism; Sex discrimination; Social action; Women's rights

Canadian celebrations

Pride Festivals

38509 BK

IJS 24 p. 2019

by Heather C. Hudak.

"Explores the history of Pride festivals, why they take place, and how people celebrate across Canada."—OCLC.

Festivals; Gay liberation movement; Pride Day

Celebrate your body : (and it's changes, too!) : the ultimate puberty book for girls

38414 BK

IJ

Sonya Renee Taylor ; foreword by Bianca I. Laureano ; illustrated by Cait Brennan.

"First things first—you have an awesome body! As you get older you'll notice changes, and it's only natural to wonder what's going on. This book gives you answers to questions you may have about this exciting journey, along with lots of practical information you'll want to know along the way"—Back cover.

Girls—Growth; Girls—Health and hygiene; Girls—Physiology; Puberty; Brennan, Cait,—illustrator

Chaos walking

For descriptions see individual titles:

The knife of never letting go [40350]

Chester's way

36300 BK

P 1988 Greenwillow Books

by Kevin Henkes.

Chester and Wilson share the same exact way of doing things, until Lilly moves into the neighborhood and shows them that new ways can be just as good.

Friendship—Fiction; Mice—Fiction; Self-confidence—Fiction

Chrysanthemum

36291 BK

PI 1991 Greenwillow Books

by Kevin Henkes.

Chrysanthemum loves her name, until she starts going to school and the other children make fun of it.

Personal names—Fiction; School stories

The color monster : a story about emotions

38664 BK

P

2015

Anna Llenas.

Emotions, including happiness, sadness, anger, fear, and calm, are described through the actions of a monster sorting them out.

Color—Fiction; Emotions; Monsters; Personal awareness and social responsibility

Community character : rules and responsibilities

35299 DV

P 20 min 2012 McIntyre Media Produced by McIntyre Media

As a citizen of a community, we all have rights and responsibilities. In this program, students will join our hosts Kirstie and Sean to learn how and why communities make and enforce laws. The program reveals how rules are linked to safety and designed to support fairness, and explains why there must be consequences for breaking community rules. Students will also discover how rules in a classroom and at home are just as important as the rules in a town or city. Students also hear from the delightful coast Tsmishian First Nations Elder and Educator, Shannon Thunderbird who tells children of the Seven Sacred Teachings - love, respect, courage, honesty, wisdom, humility and truth. Shannon shares her wonderful storytelling ability in sharing with children how each of these rules from our First Nations culture can help us be better people.

Communities—Study and teaching.; First Nations; Social Studies; Social responsibility

*Consent : deal with it before boundaries get crossed

41290 BK

IJ 32 p. 2020 James Lorimer & Company Ltd., Publi

Keisha Evans and N.B. Gonsalvez ; illustrated by Jenny Chan, The Public Studio.

"This illustrated book offers information, quizzes, comics and real-life situations to help kids think critically about what consent is, and what it looks and sounds like when it is given or not given. Considered from the viewpoints of those who are in a position to give consent, those who are in a position to be given consent, and witnesses to conflict around consent, this issue is identified, examined and put into a context that kids can understand and use to navigate issues of personal rights and emotional safety"—Provided by publisher.

Personal space; Interpersonal relations; Sexual ethics; Respect; Gonsalvez, N. B.,—author; Physical and health education

Daddy, Papa, and me

38807 BK

P

by Lesléa Newman ; illustrated by Carol Thompson.

Illustrations and rhyming text describe a toddler spending the day with his two daddies.

Board books for children; Father-child relationship—Fiction; Fathers—Fiction; Gay parents—Fiction; Stories in rhyme; Thompson, Carol,—1971—illustrator

Deal with it (Toronto, Ont.)

For descriptions see individual titles:

Body Image [8 Books] [40373]

Homophobia : deal with it and turn prejudice into pride [38419]

Debwe series

For descriptions see individual titles:

Surviving the city. Vol. 2, From the roots up [40481]

Dictionary for a better world : poems, quotes, and anecdotes from A to Z [6 books]

39859 KT

IJ 119 pce 2020 Carolrhoda Books Irene Latham & Charles Waters

"Organized as a dictionary, entries in this book for middle-grade readers present words related to creating a better, more inclusive world. Each word is explored via a poem, a quote from an inspiring person, and a short personal anecdote from one of the co-authors, a prompt for how to translate the word into action, and an illustration"—Provided by publisher.

Alphabet; Conduct of life—Poetry; Conduct of life—Anecdotes; Human behavior—Poetry

Sexual Health and Healthy Relationships

* Different is good

41626 BK
2019 Rebecca J. Jackson
written by Rebecca J. Jackson with Phelan Good ; illustrated by Abida Emaan.
"...Ashura comes across some racial problems while playing in the park with his friends. Wishing these problems would go away Clio our friendly monster comes out of nowhere to help show him that we all have Differences and how: being different is good!" -back cover.
Racism--Fiction; Racism--Prevention; Individuality--Fiction; Phelan, Good,--author; Emaan, Abida,--illustrator

Do unto otters : a book about manners

32317 DV
P 10 min 2008 Weston Woods
Directed by Galen Fott.
This fast-paced production uses a lighthearted approach to deliver lessons on manners and treating people with respect. Students will learn how to be a good neighbour and welcome newcomers to the community. The DVD provides the option of displaying English subtitles. This resource can be used to teach social responsibility and healthy relationships. (302)
Interpersonal relations; Manners and customs; Social skills

Dot.

36054 BK
P 32 p. 2014
Randi Zuckerberg ; illustrated by Joe Berger.
In her fascination with technology, a confident and spunky little girl pays little attention to the outside world before learning how to make room for real things in ways that help her make the most of her savvy technical expertise.
Adventure fiction; Girls--Fiction; Play--Fiction; Technology--Fiction; Berger, Joe,--1970--illustrator

Dumplin'

38520 BK
JS
Julie Murphy.
Sixteen-year-old Willowdean wants to prove to everyone in her small Texas town that she is more than just a fat girl. so, while grappling with her feelings for a co-worker who is clearly attracted to her, Will and some other misfits prepare to compete in the beauty pageant her mother runs.
Beauty contests--Fiction; Dating (Social customs)--Fiction; Friendship--Fiction; Obesity--Fiction; Self-esteem--Fiction; Texas--Fiction

Dumplin' [6 books]

38087 KT
JS 375 pce 2015 Balzer + Bray
Julie Murphy
Sixteen-year-old Willowdean wants to prove to everyone in her small Texas town that she is more than just a fat girl. so, while grappling with her feelings for a co-worker who is clearly attracted to her, Will and some other misfits prepare to compete in the beauty pageant her mother runs.
Beauty contests--Fiction; Dating (Social customs)--Fiction; Friendship--Fiction; Obesity--Fiction; Self-esteem--Fiction; Texas--Fiction

Each kindness

40010 BK
PJ 2012 Nancy Paulsen Books
Jacqueline Woodson ; illustrated by E.B. Lewis.
When Ms. Albert teaches a lesson on kindness, Chloe realizes that she and her friends have been wrong in making fun of new student Maya's shabby clothes and refusing to play with her.
Friendship--Fiction; Kindness--Fiction; School stories; Loneliness--Fiction; Alienation (Social psychology)--Fiction; Lewis, Earl B.,--ill

Ease

Learning about worries 4-7

38812 KT
I

Relaxation and chill-out tools 4-7

38732 KT
I

Relaxation and chill-out tools K-3

38304 KT
P
This kit contains books and visuals needed to support learning outcomes - . to introduce and practice slow, deep breathing . to practice attention focus to the present moment . to introduce progressive muscle relaxation . to support regular movement breaks
Anger; Anxiety; Emotions; Rest; Stress management; Worry

Relaxation and chill-out tools K-3, Version 2

38735 KT
P
This kit contains books and visuals needed to support learning outcomes - . to introduce and practice slow, deep breathing . to practice attention focus to the present moment . to introduce progressive muscle relaxation . to support regular movement breaks
Anger; Anxiety; Emotions; Rest; Stress management; Worry

Setting the stage for success K-3

38300 KT
P
This kit contains the book needed to support the learning outcome - . to proactively manage anxiety in the classroom and create a safe environment for all students.
Wemberly Worried is about a mouse named Wemberly, who worries about everything, finds that she has a whole list of things to worry about when she faces the first day of nursery school.
Anxiety; Emotions; Worry

Taking action 4-7

38822 KT
I

Taking action K-3

38311 KT
P
This kit contains books and visuals needed to support learning outcomes - . to create encouraging statements to use as reminders during times of anxious thoughts . to reinforce the concepts of bravery and courage
Ability--Fiction; Anxiety; Courage--Fiction; Emotions; Fear--Fiction; Loneliness--Fiction; Perseverance--Fiction; Self-confidence--Fiction; Self-esteem; Worry

Taking action K-3, Version 2

38734 KT
P
This kit contains books and visuals needed to support learning outcomes - . to create encouraging statements to use as reminders during times of anxious thoughts . to reinforce the concepts of bravery and courage
Ability--Fiction; Anxiety; Courage--Fiction; Emotions; Fear--Fiction; Loneliness--Fiction; Perseverance--Fiction; Self-confidence--Fiction; Self-esteem; Worry

Understanding feelings 4-7

38823 KT
I

Understanding feelings K-3

38301 KT
P
This kit contains books, visuals, and student materials needed to support learning outcomes - . to increase awareness of anxiety symptoms in the body . to develop vocabulary . to introduce a worry scale.
Anxiety; Autism--Treatment; Emotions; Emotions--Pictorial works; Mindfulness (Psychology); Social skills; Worry

Sexual Health and Healthy Relationships

Understanding feelings K-3, Version 2

38736 KT
P

This kit contains books, visuals, and student materials needed to support learning outcomes - to increase awareness of anxiety symptoms in the body · to develop vocabulary · to introduce a worry scale.

Anxiety; Autism–Treatment; Emotions; Emotions–Pictorial works; Mindfulness (Psychology); Social skills; Worry

Understanding thoughts 4-7

38815 KT
I

Understanding thoughts K-3

38310 KT
P

This kit contains books and visuals needed to support learning outcomes - to introduce the concept of a thought · to understand different types of thoughts

Anxiety; Attention–Fiction; Buddhism–Customs and practices–Fiction; Conduct of life; Emotions; Generosity; Gratitude; Happiness; Kindness; Meditation; Worry

Understanding thoughts K-3, Version 2

38813 KT
P

This kit contains books needed to support learning outcomes - to introduce the concept of a thought · to understand different types of thoughts

Anxiety; Attention–Fiction; Conduct of life; Emotions; Generosity; Gratitude; Happiness; Kindness; Meditation; Worry

Elephant & Piggie book

For descriptions see individual titles:
My friend is sad [36422]

Enemy pie

39349 BK

PI 2000 Chronicle Books
by Derek Munson ; illustrated by Tara Calahan King.

Hoping that the enemy pie which his father makes will help him get rid of his enemy, a little boy finds that instead it helps make a new friend.

([E])

Father-son relationship–Fiction; Friendship–Fiction; Pies–Fiction; King, Tara Calahan,–ill

Every soul a star [6 books]

36342 KT

IJ 322 pce 2010 Little Brown
Wendy Mass

Ally, Bree, and Jack meet at the one place the Great Eclipse can be seen in totality, each carrying the burden of their own problems, which become dim when compared to the task they embark upon and the friendship they find.

Bildungsromans; Friendship–Fiction; Reading; Solar eclipses–Fiction

Everybody has something

For descriptions see individual titles:
Jordan and all the favourites [39724]

Families

39723 BK

PI 2017

by Jesse Unaapik Mike and Kerry McCluskey ; illustrated by Lenny Lishchenko.

"Talittuq is excited to start his first day of grade two. As he meets his friends again for the first time after summer vacation, he notices that a lot of his friends' families are very different from his own. Some have one mom and one dad, and some have only a mom. Some kids live with their grandparents. Some live with two dads or two moms. As Talittuq hears about all the fun his friends had with their families, he learns that families come in many different shapes and sizes, and what holds them all together is love!"–Back cover.

Family–Fiction; Family life–Fiction; Inuit–Fiction; Lishchenko, Lenny,–illustrator; McCluskey, Kerry,–1968—author

A family is a family is a family

37321 BK

P 2016

written by Sara O'Leary ; illustrated by Qin Leng.

A teacher asks her classroom to think about the many different types of families in the world.

Family–Fiction; Family life–Fiction; Personal and cultural identity; Leng, Qin,–illustrator

Feeling thankful

35892 BK

P 24 p. 2013 Capstone Press
by Shelley Rotner and Sheila Kelly ; photographs by Shelley Rotner.

A+ books. Shelley Rotner's world Series - Full-color photographs and simple text illustrate a variety of basic things for which people are thankful.

Easy reading materials; Gratitude; Mindup; Kelly, Sheila M

The feelings book

38967 BK

PI 2009 Little Brown and Company
Todd Parr.

Children express different moods, including "I feel very mad," "I feel like reading books all day," and "I feel like wearing funny underwear."

Emotions–Fiction;
Emotions–Pictorial works

Felix Yz [6 books]

38608 KT

I 283 pce 2017 Puffin Books

Lisa Bunker

Thirteen-year-old Felix Yz chronicles the final month before an experimental procedure meant to separate him from the fourth-dimensional creature, Zyx, with whom he was accidentally fused as a young child.

Blogs–Fiction; Extraterrestrial beings–Fiction; Family life–Fiction; Gender identity–Fiction; People with disabilities–Fiction; School stories–Fiction; Science fiction

Finding kindness

39116 BK

PI 2019

Deborah Underwood ; illustrated by Irene Chan.

Illustrations and simple, rhyming text follow the people in a community as they show kindness to one another with different actions.

Community life–Fiction;
Compassion–Fiction; Conduct of life–Fiction; Generosity–Fiction; Stories in rhyme; Chan, Irene,–(Illustrator),–illustrator

First time books

For descriptions see individual titles:
The Berenstain Bears learn about strangers [38518]

Flamer

40514 BK

JS 366 p. 2020 Henry Holt & Company

Mike Curato.

"It's the summer between middle school and high school, and Aiden Navarro is away at camp. Everyone's going through changes—but for Aiden, the stakes feel higher. As he navigates friendships, deals with bullies, and spends time with Elias (a boy he can't stop thinking about), he finds himself on a path of self-discovery and acceptance"—Back cover.

Bullies–Graphic novels; Friendship–Graphic novels; Teenage boys–Graphic novels; Camps–Graphic novels; Gay men–Graphic novels; Self-acceptance–Graphic novels; Healthy relationships

Sexual Health and Healthy Relationships

Focus on bullying : a prevention program for elementary school communities

31335 BK

T 379 p. 1998 British Columbia. Ministry of Attor

A manual to help create conditions through which children respect and support one another. It covers the nature of bullying, myths and stereotypes about it and a school-wide plan to create a safe school environment. (158.2)

Bullies—Handbooks, manuals, etc;
Personal Planning K-7; School violence—Prevention

For goodness sex : changing the way we talk to teens about sexuality, values, and health

38714 BK

T

Al Vernacchio, with Brooke Lea Foster.

"A progressive approach to sexuality education that challenges commonly-held beliefs about how we talk to young people about sex and offers a controversial yet proven alternative to the standard conversations taking place in schools and homes across America"—Provided by publisher.

Parent-child relationship; Sex education; Sexual ethics;
Teenagers—Sex; Foster, Brooke Lee,—author

From diapers to dating : a parent's guide to raising sexually healthy children

38563 BK

T

Debra W. Haffner.

Offers practical techniques to help parents identify and communicate their own values about sexuality with their children from birth through age twelve.

Parenting; Sex education;
Teenagers—Sexual behavior

Gender roles : princess boys and pirate girls

38503 KT

P

This kit includes an assortment of picture books exploring gender roles and identities for Grades K to 3.

Clothing and dress; Friendship;
Gender identity; Gender role;
Identity (Psychology); Individuality;
Interpersonal relations; Love; Male friendship; Princesses; Self-acceptance; Self-perception;
Self-realization; Social integration;
Social role; Transgender people

George [6 books]

37630 KT

IJ 195 pce 2015 Scholastic Press

Alex Gino

"When people look at George, they think they see a boy. But she knows she's not a boy. She knows she's a girl. George thinks she'll have to keep this a secret forever. Then her teacher announces that their class play is going to be Charlotte's Web. George really, really, REALLY wants to play Charlotte. But the teacher says she can't even try out for the part . . . because she's a boy. With the help of her best friend, Kelly, George comes up with a plan. Not just so she can be Charlotte — but so everyone can know who she is, once and for all"—provided by publisher

Bullies—Fiction; Friendship—Fiction;
Gender identity—Fiction; Gender role—Fiction; Identity—Fiction; Middle school students—Fiction

Get along monsters

Get along monsters : we all get mad (sometimes)

33682 DV

P 13 min 2009 McIntyre Media

Produced by Mazzarella Media

This 13 min. engaging film combines both live characters and animation to give children the ability to recognize angry feelings and what happens to their bodies when they get angry, as well as learning to "Stop and Think" to help them get control of their angry feelings. Teachers can stop after each concept and reinforce in the classroom. This film addresses HACE learning outcomes for the K - Gr. 3 level. (303.69)

Anger; Conflict management;
Social Studies

Girl code : gaming, going viral, and getting it done [6 books]

38167 KT

JS 290 pce 2017 Harper Collins

Andrea Gonzales and Sophie Houser

Perfect for aspiring coders everywhere, Girl Code is the story of two teenage tech phenoms who met at Girls Who Code summer camp, teamed up to create a viral video game, and ended up becoming world famous. The book also includes bonus content to help you start coding!

Coding; Computer programming;
Gender identity; Gender role;
Menstruation

The Green Bicycle [6 books]

37831 KT

IJ 346 pce 2015 Puffin Books

Haifaa Al Mansour

Since girls do not ride bikes in Riyadh, Saudi Arabia, eleven year old Wadja has to scheme to get her own.

Bicycles—Fiction; Gender role—Fiction

Habibi [6 books]

26995 KT

I 271 pce 1997 Simon & Schuster

Naomi Shihab Nye

The day after Liyana got her first real kiss, her life changed forever. Not because of the kiss, but because it was the day her father announced that the family was moving from St. Louis all the way to Palestine. Though her father grew up there, Liyana knows very little about her family's Arab heritage. Her grandmother and the rest of her relatives who live in the West Bank are strangers, and speak a language she can't understand. It isn't until she meets Omer that her homesickness fades. But Omer is Jewish, and their friendship is silently forbidden in this land. How can they make their families understand? And how can Liyana ever learn to call this place home?

Family life—Fiction; Immigration and emigration—Fiction; Jerusalem—Fiction; Jewish-Arab relations—Fiction; Literature—Study and teaching; Reading

Hallmarks of good mental health

34652 DV

JS 20 min 2010 McIntyre Media

Produced by Human Relations Media Inc.

This program helps viewers recognize the six key qualities that define good mental health in adolescence: having satisfying relationships, being happy with one's academic achievements, maintaining clear and achievable goals, being capable of delaying immediate gratification, making good choices and resisting unhealthy peer pressure. Having a strong sense of self-esteem is especially highlighted: if you do not feel good about yourself, you are more likely to limit yourself and make bad choices. Each of the hallmarks is clearly demonstrated by real teens in a variety of settings, including at school, at home and at play. The peer-to-peer approach focuses students' attention on the key qualities that they should acquire as they make their way through adolescence. Includes: DVD, Teacher's Resource Book and Student Handouts. (302)

Decision making; Healthy schools;
Psychology

Happy in our skin

37531 BK

P

Fran Manushkin ; illustrated by Lauren Tobia.

Children interact with others and discover that they have different skin colors.

Infants—Fiction; Personal and cultural identity; Skin—Fiction;
Stories in rhyme; Tobia, Lauren,—illustrator

Sexual Health and Healthy Relationships

Healthy touch, good boundaries, safe kids

35978 DV

PI 34 min 2012 Kinetic Video

Produced by RisingStar education. Safety is always a big issue, and this program seeks to help children recognize how they can be safe when it comes to inappropriate touching. Good, bad, and wrong touching are covered in the 15-minute primary segment. Children are told that no one should touch any part of their body they would cover with a swimsuit without their permission. The adult hosts also discuss good and bad secrets, circles of comfort, and a three-step way to cope with potentially dangerous situations. This information is presented in a class setting with a group of involved students. Three vignettes offer viewers the opportunity to apply the information. There's also a video segment aimed at the adults teaching the unit. While the featured students are not very diverse, they do add a kid-friendly element to a sometimes scary topic. Useful for counselors and others teaching children about safety issues.

Safety education

Hold on to your kids : why parents matter

28049 BK

PT 332 p. 2004 A.A. Knopf Canada

Gordon Neufeld and Gabor Maté.

This book examines the 'how' and 'why' young people today tend to look to their peers for a sense of right and wrong, values, identity, and codes of behaviour instead of to their parents. It also looks at how it is possible to restore parenting to its natural intuitive basis and the parent-child relationship to its rightful preeminence. (649/.1)

Parent-child relationship; Parenting; Peer pressure; Maté, Gabor

Homophobia : deal with it and turn prejudice into pride

38419 BK

IJS 32 p. 2013 James Lorimer & Company Ltd., Publi

Steven Solomon ; illustrated by Nick Johnson.

Deal with it (Toronto, Ont.) Series - Discusses how teenagers can deal with homophobia. Explains what it is and provides real-life problems and solutions. Includes quizzes that test one's ability to make positive choices. Also includes a resource guide.

Homophobia; Johnson, Nick- (Nicholas Alexander)-illustrator; Physical and health education; Social Studies; English/Language Arts

Human body felt kit

33168 KT

PIJ

It can be hard to visualize the complex inner-workings of the human body, but this life-sized manikin makes it easier to understand how it all works.

Human body pre-cut felts teaches anatomy and body functions that begins with the most basic cell of the human body, skeletal functions, muscles, nervous system, respiratory system, digestive system, urinary tract system, cardiovascular system, sensory receptors, endocrine system & reproductive system. Guide includes good health habits & exercises.

Diseases; Human body; Reproductive system

The human body: how it works

This series uses physiologic animations and illustrations, microscopic imaging, expert commentary, and footage of the body in motion to provide a thorough overview of the amazing human machine. Marvelously detailed, yet readily understandable.

Human development and the reproductive system

33692 DV

JS 22 min 2009 McIntyre Media

Produced by Films Media Group

For use in teaching human reproduction and parts and function of the human reproductive system.

Video also deals with puberty in males and females. Teacher's guide which includes overview, vocabulary, student projects, and short quiz with answers. (612.6)

Embryology; Reproductive system; Science

Human body kit

28846 KT

PI

(611)

Human x-ray light box kit

35485 KT

PIJS

Roylco

Portable table top light box with true-to-life real x-rays of the inside of the human body and real x-rays of broken bones. Arrange these x-rays to create a full-sized human skeleton. Use the label (in french and english) to identify the bones. Broken bones x-rays can be used to discuss bones and their injuries as well as the healing process. They also can be used to relay the importance of safety to students. Teachers guides included.

Colour; Human body; Life science; Light; Physical science; Science; Skeleton

Hurt go happy [6 books]

37806 KT

IJ 270 pce 2006 Tom Doherty

Associates, LLC

Ginny Rorby

Struggling to make her way through the world in spite of her mother's refusal to let her learn sign language, deaf teen Joey Willis secretly learns to sign while helping a primate scientist and his baby chimpanzee, Sukari.

Chimpanzees-Fiction; Deaf-Fiction; Friendship-Fiction; Sign language-Fiction

I am Canada : a celebration

37752 BK

2017

text by Heather Patterson ; illustrations by Jeremy Tankard, Ruth Ohi, Barbara Reid, Jon Klassen, Marie-Louise Gay, Danielle Daniel, Ashley Spires, Geneviève Côté, Cale Atkinson, Doretta Groenendyk, Qin Leng, Eva Campbell and Irene Luxbacher.

"Illustrated by artists from across this country, this lyrical text describes everything that Canadian kids love to do, from coast to coast to coast. Heather Patterson's free verse poem 'I Am Canada', originally published in a photographic version, gets new life in this beautiful, illustrated hardcover timed to celebrate both Canada's 150th year and Scholastic Canada's 60th."

Canada; Canada-Pictorial works; Canadian national characteristics; Canadian national characteristics-Pictorial works; Canadians; Canadians-Pictorial works; Personal and cultural identity

*I am everything in between

41625 BK

2022

Rebel Mountain Press

written and illustrated by Sydney Sunderland.

Sometimes it's not as simple as being a boy or a girl. I Am Everything In Between highlights kids who may not fit into stereotypical gender ideals, and celebrates how they do identify by sending positive messages about gender identity. This book teaches children that regardless of biological gender, it's OK to feel like a boy, or a girl, or even both! The illustrations include bright and bold examples of boys that like to play dress up and wear makeup, girls that like to play sports and get dirty, and kids that want to grow up to be astronauts! I Am Everything In Between uses diverse, relatable examples to help kids understand that sometimes it's not as simple as being a boy or a girl.

Transgender people-Fiction; Identity (Psychology)-Fiction; Gender identity-Fiction; Nonbinary people-Fiction; Language arts (Primary)

Sexual Health and Healthy Relationships

I am Jazz

37212 BK
PI 2014
by Jessica Herthel & Jazz Jennings ;
pictures by Shelagh McNicholas.
Text and illustrations tell the story of
Jazz Jennings, who was born a boy,
but felt like a girl.

Gender role; Individuality; Self-
perception; Transgender
people—Biography; Jennings, Jazz;
Jennings, Jazz,—author;
McNicholas, Shelagh,—illustrator

I am not a number [6 books]

37807 KT
IJ 32 pce 2016 Second Story Press
Written by Jenny Kay Dupuis and
Kathy Kacer
When eight-year-old Irene is removed
from her First Nations family to live in
a residential school she is confused,
frightened, and terribly homesick. She
tries to remember who she is and
where she came from despite the
efforts of the nuns to force her to do
otherwise. This picture book is based
on a true story about a young First
Nations girl – the author's
grandmother - who was sent to a
Residential School. "I Am Not a
Number" brings a terrible part of
Canada's history to light, in a way that
children can learn from and relate to.
A note about the Residential School
System can be found at the end of the
story, along with an Afterword, by the
author.

Biographical fiction; Canada—
History—20th century; First
Nations—Biography; First Nations—
Government relations; First
Nations—Residential schools—
Biography; First Nations—Ethnic
identity—Biography; Social Studies;
Aboriginal

I like myself!

38950 BK
PI 32 p. 2005 Scholastic Inc.
Karen Beaumont ; illustrated by David
Catrow.
In rhyming text, a child expresses her
self-esteem and exults in her unique
identity. (E)

Individuality—Fiction; Self-esteem—
Fiction; Stories in rhyme; Catrow,
David,—ill

I love my purse

39734 BK
P 2017
by Belle DeMont ; art by Sonja
Wimmer.
"Charlie loves his bright red purse.
When he brings it to school, though,
everyone questions him on his
'strange' choice. But nothing his dad,
his friend Charlotte, or even the kids
say can make Charlie change his
mind. He's sticking with his
purse"—Back cover.

Boys fiction; Gender role—Fiction;
Handbags—Fiction; Self-
acceptance—Fiction; Wimmer,
Sonja,—illustrator

I said no! : a kid-to-kid guide to keeping private parts private

38543 BK
PI
by Zack and Kimberly King ; illustrated
by Sue Ram©L.
Written from a kid's point of view, "I
said no!", helps kids set healthy
boundaries for their private parts, and
describes how to deal with
inappropriate behaviour by others.

Child sexual abuse—Prevention;
Conduct of life; Interpersonal
relations; Personal space—Study
and teaching; Safety education;
King, Kimberly,—author; Ram©L,
Sue,—illustrator

Identity and belonging graphic novels

38500 KT
IJ
An assortment of graphic novels
exploring gender identity and
belonging.

Gender role—Graphic novels;
Marriage—Graphic novels;
Relationships

If you could be mine [6 books]

37628 KT
JS 247 pce 2013 Harper Collins
Sara Farizan
In Iran, where homosexuality is
punishable by death, Sahar and
Nasrin love each other in secret until
Nasrin's parents announce their
daughter's arranged marriage. In
response, Sahar proposes a drastic
solution.

Best friends—Fiction; Friendship—
Fiction; Gender identity—Fiction;
Homophobia; Iran—Fiction;
Lesbians; Love stories;
Transphobia

I'm like you, you're like me : a book about understanding and appreciating each other

38793 BK
P 2011
by Cindy Gainer ; illustrated by Miki
Sakamoto.
Introduces children to the differences
and similarities in people, from hair
styles, body appearance, and family
size.

Children—Psychology; Interpersonal
relations; Personal awareness and
social responsibility; Respect—
Fiction; Sakamoto, Miki,—illustrator

Intermediate SOGI kit

37378 KT
I 2017 School District #73
Short stories, lesson plans, activity
sheets and information regarding
LGBTQ plus topics to use in English,
Socials, Social Justice, Psychology, and
potentially Drama.

Discrimination; Gender identity—
Study and teaching; Gender
role—Study and teaching;
Homophobia; Homosexuality;
Lesbians; Queer theory

The internet and you : staying safe ; grades 5-9

32287 DV
IJ 15 min 2007 Visual Education
Sunburst Visual Media, School
Specialty Inc.

Using a common sense approach, this
video provides a good general
overview of Internet use. It also
presents pertinent terminology and
potential dangers inherent in Internet
use. Topics are chunked to allow
teachers to start/stop for classroom
discussions. Content is current, and
the production would be most
engaging to intermediate students
who need to be aware of the dangers
of using the Internet. As a general
introduction to using the Internet, it
could be a good resource for a parent
night, and especially useful for
concerned parents who want to set
guidelines for their child's use of the
Internet. (004.6780)

Health and guidance; Internet and
children; Safety education

A is for activist

38511 BK
PI
written and illustrated by Innosanto
Nagara.
An alphabet book, on board pages,
that introduces ideas related to
activism -including environment
justice, feminism, human rights, and
more.

Alphabet; Alphabet—Fiction; Board
books for children; Political
activists—Fiction; Political activists;
Social justice; Social justice—Fiction

Ish

36035 BK
P 2004 Candlewick Press
Peter H. Reynolds.
Ramon loses confidence in his ability
to draw, but his sister gives him a new
perspective on things. (E)

Drawing—Fiction; Self-confidence—
Fiction; Siblings—Fiction

It feels good to be yourself : a book about gender identity

38513 BK
PJ 2019
written by Theresa Thorn ; illustrated
by Noah Grigni.

"Some people are boys. Some people
are girls. Some people are both,
neither, or somewhere in between.
This . . . straightforward exploration
of gender identity will give children a
fuller understanding of themselves and
others"—Publisher.

Gender identity; Grigni,
Noah,—illustrator

Sexual Health and Healthy Relationships

It's not the stork! : a book about girls, boys, babies, bodies, families, and friends

38418 BK

PI

Robie H. Harris ; illustrated by Michael Emberley.

A collection of illustrated questions and answers that help preschool, kindergarten, and early elementary school children understand about their bodies and how they began.

Childbirth; Reproduction; Sex differences (Psychology); Sex education; Emberley, Michael,--illustrator

It's perfectly normal : a book about changing bodies, growing up, sex, and sexual health

24542 BK

IJ 89 p. 1994 Candlewick Press

Robie H. Harris ; illustrated by Michael Emberley.

Provides answers to nearly every conceivable question children may have about sexuality, from conception and puberty to birth control and AIDS. (613.9/07)

Family life education; Personal planning; Sex education; Sexual hygiene; Emberley, Michael,--ill

It's perfectly normal : changing bodies, growing up, sex, and sexual health

38415 BK

PIJ

Robie H. Harris ; illustrated by Michael Emberley.

Provides answers to nearly every conceivable question children may have about sexuality, from conception and puberty to birth control and AIDS.

Reproduction; Reproductive system; Sex education; Sexual hygiene; Emberley, Michael,--illustrator

It's your body : you're in charge!

31200 DV

PI 20 min 2006 Sunburst Visual Media

Sunburst Visual Media.

Young children are helped to distinguish situations where touch is appropriate from those where it is not. Children are encouraged to communicate with adults they trust when they believe a touch has been inappropriate. Concepts are presented in a sequential pattern, appropriate for chunking. This resource will be useful when discussing issues of personal health and safety around body awareness. The helpful guide provides the full script and supplementary exercises to support key concepts. (362.76)

Child sexual abuse--Prevention

Ivy Aberdeen's letter to the world

40476 BK

PI 310 p. 2019 Little Brown and Company

Ashley Herring Blake.

"Twelve-year-old Ivy Aberdeen's house is destroyed in a tornado, and in the aftermath of the storm, she begins to develop feelings for another girl at school"--Provided by publisher.

Friendship--Fiction; Family life--Fiction; Artists--Fiction; Lesbians--Fiction; Tornadoes--Fiction; Healthy relationships

Janine.

39732 BK

P

1992

by Maryann Cocca-Leffler.

"Meet Janine. She is one of a kind! Janine dresses a little different, remembers random facts, reads the dictionary for fun, and has her own style of cheering. Nobody does things the way Janine does things! One girl in Janine's class is throwing a party and all the COOL kids are invited. But Janine is not cool. Some kids think she is strange and want her to change. Will Janine try to be different or just be her spectacular self?" -back cover.

Individuality--Fiction; Self-acceptance--Fiction; Self-confidence--Fiction

Jordan and all the favourites

39724 BK

2017

by Emily Goldsmith ; illustrated by Susie Wilson.

Everybody has something Series - "How would you feel if your friends told you it was wrong to love what you love? That's what happens to Jordan, who has many, many favourites--until their best friends tell them they can have only ONE. Jordan is confused and sad until they learn about the many favourites of Mr. Brar. Suddenly, lunch and playing are fun again, and Jordan and their schoolmates learn that friendship is big enough to include differences, learning, misunderstandings, forgiveness--and LOTS of favourites."--Back cover.

Friendship--Fiction; Individuality--Fiction; Play--Fiction; Self-acceptance--Fiction; Socialization; Wilson, Susie,--illustrator

Just around the corner for boys

34299 DV

I 12 min 2011 Distribution Access

Produced by Marsh Media

Designed for younger students, this program is grounded in fact, sensitive to young feelings, and reassuring about changes that are on the way. Younger elementary-level boys will appreciate this upbeat look at the changes of puberty. New narration and photography with lighthearted animated figures prepare boys for the

momentous changes waiting just around the corner. These important topics are introduced: - When to expect the onset of puberty - The physical and emotional changes of puberty - The maturation of the male reproductive system - Common experiences of puberty, including voice changes, feelings of physical awkwardness, and nocturnal emissions - The importance of good hygiene and healthy habits - Maintaining health through good nutrition and exercise This is the ideal way to present human development information to boys in grades 3-5. (612.6)

Adolescence; Puberty; Sex education

Just around the corner : for girls

34300 DV

I 15 min 2011 Distribution Access

Produced by Marsh Media

This reassuring presentation includes the same cheerful theme song and clearly illustrated biology, enhanced with new narration and photography to help prepare your younger elementary-level girls for all of the changes ahead. Topics covered in this lively program include: - When to expect the onset of puberty - The physical and emotional changes of puberty - The maturation of the female reproductive system - Menstruation - The importance of good hygiene and healthy habits - Maintaining health through good nutrition and exercise (612.6)

Adolescence; Puberty; Sex education

Just enough

For descriptions see individual titles:

What makes us unique? : our first talk about diversity [37323]

Keith Haring : the boy who just kept drawing

39207 BK

P

2017

Kay Haring ; illustrated by Robert Neubecker.

"Explores the life and art of Keith Haring from his childhood through his meteoric rise to fame. It sheds light on this important artist's great humanity, his concern for children, and his disregard for the establishment art world. Reproductions of Keith's signature artwork appear in scenes boldly rendered by Robert Neubecker."--Publisher.

Artists--Biography; Drawing; Mural painting and decoration; Social action; Haring, Keith--Biography; Neubecker, Robert,--illustrator

Sexual Health and Healthy Relationships

Kids in the know: Personal safety program [second edition]

36227 KT

PIJS 2011 Canadian Centre for Child Protection

The Canadian Centre for Child Protection.

9 books, K-8, with many pamphlet, posters, puppets and story books.

The program engages students with interactive activities to help build skills that increase their personal safety and reduce their risk of victimization online and in the real world. The Canadian Centre for Child Protection launched two new educational modules for teachers to help address the growing issue of cyberbullying among teens. Mrs. Laureen Harper joined the Canadian Centre to launch the new educational initiative to help stop cyberbullying. In the last few years, *Cybertip.ca* has seen a marked increase in reports from youth ranging from 12 to 17 years of age. Recognizing the diverse and complex nature of this issue and our role in protecting children from online sexual exploitation, our organization is developing two new educational modules focused on addressing sexual exploitation, sexual violence, technology and bullying among youth. The significant increase in the number of reported cases of youth creating, sending or sharing sexual images and/or videos with peers is an increasing social problem.

Acknowledging the challenges schools and families face in responding to self/peer exploitation, the Canadian Centre for Child Protection has created a new resource guide. A recent increase in media coverage of luring cases in Canada and abroad has garnered the public's attention and brought the issue of online child sexual exploitation to the forefront of Canadians' concerns. The Canadian Centre for Child Protection has undertaken a study to enable it to provide greater insight into this crime, as well as ways to better protect children. (371.7)

Child abuse; Internet—Safety measures; Physical and health education; Safety education

The kindness quilt

36099 BK

P 2006 Two Lions/Amazon Publishing
Nancy Elizabeth Wallace.

Minna does a lot of thinking about her project to do something kind, make a picture about what she did, and share it with her classmates, but finally comes up with an idea that spreads to the whole school.

Conduct of life—Fiction;
Kindness—Fiction; School stories

Kings, queens, and in-betweens

39366 BK

JS

Tanya Boteju.

After a bewildering encounter at her small town's annual summer festival, seventeen-year-old biracial, queer Nima plunges into the world of drag, where she has the chance to explore questions of identity, acceptance, self-expression, and love.

Lesbians—Fiction; Male impersonators—Fiction;
Self-acceptance—Fiction

The knife of never letting go

40350 BK

JS 512 p. 2014 Candlewick Press

Patrick Ness.

Chaos walking Series - Todd, one month away from an important birthday, learns all the tough lessons of adulthood when he is forced to flee after discovering a secret near the town where he lives.

Science fiction; Social problems—Fiction; Human-animal communication—Fiction; Telepathy—Fiction; Space colonies—Fiction;
Healthy relationships

The last dog on earth [6 books]

36578 KT

I 230 pce 2003 Yearling

Daniel Ehrenhaft

In this boy-and-his-dog tale with a twist, Logan Moore, 14, doesn't measure up to the expectations of his mom and stepdad, and is friendless at school. His one interest, inventing electronic gadgets, only gives vent to mischievous impulses. The teen lacks direction and self-esteem until he adopts Jack, a wild and mangy mutt. Initially, Logan is a reluctant caregiver, but real affection and trust soon blossom between the two as he proves himself to be a loving and effective trainer. The twist is provided by the emergence of a deadly and contagious disease that causes infected canines to become vicious before they die. These events are revealed through textual inserts (news reports, e-mails, etc.). A parallel story line involves a renegade scientist who may hold the key to developing a vaccine against POS, which can be developed from the blood of an immune animal. The disparate plots come together as Logan, running away with Jack from mandatory quarantine or worse, stumbles upon the scientist, who turns out to be his biological father, whom he hasn't seen in years. The dog proves to be immune and provides the life-saving solution to the scientific puzzle but sadly dies from brutal injuries inflicted by vigilantes.

Diseases—Fiction; Dogs—Fiction;
Human-animal relationships—Fiction; Reading

Lesson booster guidance series for kids

"Lesson Boosters" each present real-life scenarios demonstrating the feelings that young students experience, as well as present ways to cope with and handle these emotions. Students will learn the importance of respect, self-esteem, anger control, and problem-solving within a school setting.

Got a problem?

35001 DV

P 11 min 2010 Kinetic Video

Produced by Cerebellum Corp.

The GOT A PROBLEM program includes three episodes to help children find a solution to their problems. 11 minutes K to 3 Got A Problem? Keep Your Hands to Yourself In this segment children learn that hitting and poking does not solve problems, but can make the problems worse. Viewers see how using your words and talking about the problem can lead to a safe and happy solution. Got A Problem? Ask Questions This segment of the program gives viewers strategies to use when they face a problem. Children will learn that making assumptions and blaming makes other people angry and makes problems worse. Viewers discover how asking questions can help solve a problem before it begins. Got A Problem? Share Ideas Children learn that when you encounter a problem, you can come up with ideas to solve the problem. Viewers will also see that there may be many ideas that can solve a problem and you can work to find a solution that makes everyone happy.

Classroom management; Conflict resolution; Healthy schools; Peace; School violence—Prevention

Got empathy?

35000 DV

I 13 min 2010 Kinetic Video

Produced by Cerebellum Corp.

In the GOT EMPATHY Lesson Booster program children will learn to understand the meaning of empathy and its importance in these four programs. Got Empathy? Do Something - How do you show empathy? How do you show you care? Students learn that empathy is more than a feeling and that true empathy comes from our actions. Got Empathy? It's a Choice - Students learn that true empathy is when you are willing and able to put someone else's feelings and needs over your own. Got Empathy? Show It - In this segment students learn ways in which empathy can be demonstrated and realized in a variety of different situations. Got Empathy? What is it? Children need help in understanding what empathy is and why it's important. In this segment students will learn how to identify empathy when they see it. The main message is before you say or do something that

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might hurt someone else - imagine being that person and think about how you would feel.

Applied design, skills and technologies; Classroom management; Conflict resolution; Healthy schools; Peace; School violence—Prevention

Let's just talk! : for boys

31019 DV
I 15 min 2006 Visual Education Centre

Produced by Marsh Media.

Topics in this program on puberty include hygiene, health and nutrition, the male reproductive system as well as related physical and emotional changes. Graphics are used to help explain concepts. Student interest is maintained by the use of peer interactions with a radio talk-show host. The boys portrayed are at different stages of puberty; more than one race is represented. This program lends itself to teaching various concepts through chunking. (613.9)

Adolescence; Boys—Health and hygiene; Sex education

Let's just talk! : for girls

31018 DV
I 20 min 2006 Visual Education Centre

Produced by Marsh Media.

Topics in this program on puberty include hygiene, health and nutrition, the female reproductive system as well as related physical and emotional changes. Graphics are used to help explain concepts. Student interest is maintained by the use of peer interactions with a radio talk-show host. The girls portrayed are at different stages of puberty; more than one race is represented. This program lends itself to teaching various concepts through chunking. (613.9)

Adolescence; Girls—Health and hygiene; Sex education

Let's talk about body boundaries, consent & respect : a book to teach children about body ownership, respectful relationships, feelings and emotions, choices, and recognizing bullying behaviors

38538 BK

PI

by Jayneen Sanders ; illustrated by Sarah Jennings.

"Teaching young children about body boundaries, both theirs and others, is crucial to a child's growing sense of self, their confidence and how they should expect to be treated by others. A child growing up knowing they have a right to their own personal space, gives that child ownership and choices as to what happens to them and to their body. It is equally important a child understands, from a very young age, they need to respect another person's body boundary and ask for

their consent when entering their personal space." -OCLC.

Conduct of life; Interpersonal relations; Personal space—Study and teaching; Safety education; Jennings, Sarah,—illustrator

The listening walk

35864 BK

PI 30 p. 1961 HarperTrophy
Paul Showers / illus. by Aliki.
([E])

The little black book for girlz : a book on healthy sexuality

38406 BK

JS 208 p. 2006 Annick Press
St. Stephen's Community House.
Presents a collection of stories, facts, interviews, poems, and artwork that address sexuality issues of young women, including relationships, birth control, pregnancy, homosexuality, and much more. Includes glossary.

Girls—Health and hygiene; Health; Puberty; Sex education;
Teenagers—Health and hygiene

The little black book for guys : guys talk about sex

38407 BK

JS 244 p. 2008 Annick Press
St. Stephen's Community House.
Young men explore the problems and issues they face concerning sex, girls, relationships, and homosexuality. Addresses common myths and offers practical advice to help other young men make responsible choices. Includes a glossary.

Boys—Health and hygiene; Health; Puberty; Sex education;
Teenagers—Health and hygiene

The little guys

38512 BK

PI

2019

Vera Brosgol.

"The Little Guys' might be small, but they aim to be mighty. As they head off to find breakfast, they can conquer anything through teamwork -cross deep waters, dig through obstacles, and climb the tallest trees. Nothing can stop them! But as they begin to amass more than they need, the creatures in the forest ponder -what happens when no one can stop 'The Little Guys'?"—Book jacket flap. This is a cautionary tale... success at the expense of others, can ultimately lead to downfall.

Acorns—Fiction; Bullies—Fiction; Cooperativeness—Fiction; Fables; Sharing—Fiction; Size—Fiction

Lucky Jonah [6 books]

37687 KT

IJ 225 pce 2016 Harper Trophy
Canada

Richard Scrimger

Bullied by his brother and living in the shadow of his cute, athletic best friend, Jonah is crippled by self-loathing and insecurity. Then a mysterious stranger hands him a disposable camera with the power to transport him into someone else's body—and someone else's life. But with a limited number of shots and trouble mounting click by click, will this unhappy boy find a new life? Or will his deepest, darkest secret follow him wherever he goes? A hilarious take on a Freaky Friday-esque switcheroo with an outsized identity crisis.

Bullies—Fiction; Cameras—Fiction; Gender identity—Fiction; Humorous fiction; Identity (Psychology)—Fiction; Secrecy—Fiction; Self-acceptance—Fiction; Self-esteem—Fiction

A mango-shaped space [6 books]

36579 KT

I 270 pce 2003 Little Brown
Wendy Mass

Mia, 13, has always seen colors in sounds, numbers, and letters, a fact she has kept secret since the day she discovered that other people don't have this ability. Then she discovers that she has a rare condition called synesthesia, which means that the visual cortex in her brain is activated when she hears something. From then on, she leads a kind of double life-she eagerly attends research gatherings with other synesthetes and devours information about the condition, but continues to struggle at school, where her inadvertent pairing of particular colors with numbers and words makes math and French almost impossible to figure out. Her gradual abandonment of her frustrating school life in favor of the compelling world of fellow synesthetes and the unique things only they can experience seems quite logical, although readers may feel like shaking some sense into her. Finally, and rather abruptly, her extreme guilt at her beloved cat Mango's illness brings her back down to earth and she begins to work on some of the relationships she let crumble.

Cats—Fiction; Death—Fiction; Family life—Fiction; Friendship—Fiction; Math; Numeracy; Reading; Schools—Fiction; Senses and sensation—Fiction

The Mask You Live In

40459 DV

JS 90 min 2015 Virgin Films & Entertainment

"The Mask You Live In follows boys and young men as they struggle to stay true to themselves while negotiating America's narrow definition of masculinity. Pressured by the

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media, their peer group, and even the adults in their lives, our protagonists confront messages encouraging them to disconnect from their emotions, devalue authentic friendships, objectify and degrade women, and resolve conflicts through violence. These gender stereotypes interconnect with race, class and circumstance, creating a maze of identity issues boys and young men must navigate to become 'real' men. Experts in neuroscience, psychology, sociology, sports, education, and media also weigh in, offering empirical evidence of the 'boy crisis' and tactics to combat it. The *Mask You Live In* ultimately illustrates how we, as a society, can raise a healthier generation of boys and young men"—Representation Project website. (90 min.).

Gender Stereotypes; Stereotype; Social Studies; Masculinity; Healthy relationships; Gender identity; Physical education; Boys—Counseling of; Gender role; Documentary films

Mindful Monkey, Happy Panda

35893 BK
P 2011 Wisdom Publications
story by Lauren Alderfer ; illustrations by Kerry Lee MacLean.
Monkey asks Panda what he does to seem so happy and peaceful all the time, and Panda replies that he brings his attention to whatever he is doing at a given time, whether eating, walking, or resting.

Buddhism—Customs and practices—Fiction; Meditation—Fiction; Mindup; Monkeys—Fiction; Pandas—Fiction; MacLean, Kerry Lee,—ill

The MindUp curriculum : focused classrooms, mindful learning, resilient students : grades 3-5

35259 BK
PIT 160 p. 2011 Scholastic
A curriculum for teachers that presents fifteen lessons for students, in grades third through fifth, on how the brain can improve behavior and learning. Lessons include focused awareness, mindful listening, and expressing gratitude.

Personality—Study and teaching; Personality—Problems, exercises, etc; Psychology—Problems, exercises, etc; Psychology—Study and teaching; Social skills; Social skills—Problems, exercises, etc; Social values—Study and teaching; Social values—Problems, exercises, etc

The MindUp curriculum : focused classrooms, mindful learning, resilient students : grades pre-K-2

35258 BK
PT 160 p. 2011 Scholastic
A curriculum for teachers that presents fifteen lessons for students,

in grades Pre-K through second, on how the brain can improve behavior and learning. Lessons include focused awareness, mindful listening, and expressing gratitude.

Personality—Study and teaching; Personality—Problems, exercises, etc; Psychology—Problems, exercises, etc; Psychology—Study and teaching; Social skills; Social skills—Problems, exercises, etc; Social values—Study and teaching; Social values—Problems, exercises, etc

Moody Cow meditates

35398 BK
P 2009 Wisdom Publications
Kerry Lee MacLean.

Peter wakes up from a bad dream and his day just gets progressively worse, but his grandfather shows him a meditation technique that helps him calm his angry thoughts.

Meditation—Fiction; Mindup

Morris Micklewhite and the tangerine dress

36927 BK
P 2014
Christine Baldacchino ; pictures by Isabelle Malenfant.

A young boy faces adversity from classmates when he wears a tangerine colored dress to school.

Clothing and dress—Fiction; Dresses—Fiction; Gender role—Fiction; Personal and cultural identity; School stories; Malenfant, Isabelle,—1979—illustrator

✧ My awesome brother : a book about transgender acceptance

41629 BK
2019 Mabel Media
by Lisé Frances.

"My Awesome Brother' is written from a young child's perspective when an adored older sibling is transitioning. It follows the younger child's efforts to be supportive and the joy they both feel after the transition." -Amazon website.

Siblings—Fiction; Transgender people—Fiction; Gender identity—Fiction; Gender transition—Fiction; Language arts (Primary)

My changing life

As youngsters move towards, into, and through puberty many important changes will take place in their bodies. This variety of change once completed, will create their new and unique identity as adults. Learning to understand these physical changes as "normal" will greatly reduce angst and assuredly assist in the acceptance of self. A consistent and education-focused theme about puberty, normalcy, and acceptance.

Boys : the complete guide to puberty

34997 DV
IJ 16 min 2007 Kinetic Video
Produced by Film Ideas

Testosterone is the hormone that fuels the development in boys as they move into adulthood. Each boy will develop at his own pace. The reproductive elements of these changes are thoroughly discussed and detailed with the use of animations, cartoons, and live action. All the basics are covered. Boy's learn that no matter how they develop it's "normal".

Puberty; Sex education

Girls : the complete guide to puberty

34998 DV
IJ 16 min 2007 Kinetic Video
Produced by Film Ideas

For young girls the many changes that occur in their body will happen over a span of several years. Some of these changes can be seen on the outside but many of the changes will happen inside. This program explores all facets of physical and reproductive development of the female body. The focus is on normalcy and acceptance of self.

Puberty; Sex education

My friend is sad

36422 BK
P 57 p. 2007 Hyperion Books for Children
by Mo Willems.

Elephant & Piggie book Series - When Gerald the Elephant is sad, Piggie is determined to cheer him up, but finds after many tries that it only takes the simplest thing to change Gerald's mood.

Elephants—Fiction; Emotions—Fiction; Friendship—Fiction; Pigs—Fiction

My life as a diamond [6 books]

38515 KT
I 161 pce 2018 Orca Book Publishers
Jenny Manzer

"In this novel for middle-graders, talented baseball player Caspar Cadman has a great arm and a big secret. He used to live life as a girl called Cassandra"—OCLC.

Baseball—Fiction; Gender identity—Fiction; Transgender people—Fiction

My magic breath : finding calm through mindful breathing

38670 BK
PJ 2018

written by Nick Ortner and Alison Taylor ; pictures by Michelle Polizzi.
"Encourages children to discover their magic breath and use it when they are sad, nervous, or worried, offering clear, simple instructions for using breathing and mindfulness to guide emotions"—OCLC.

Meditation; Mindfulness (Psychology); Personal awareness and social responsibility; Respiration; Polizzi, Michelle,—illustrator; Taylor, Alison—(Author at Hay House (Organization)),—author

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My mouth is a volcano

34751 BK
PJ 32 p. 2005 National Center for Youth Issues

[author, Julia Cook ; illustrated by Carrie Hartman].

Louis has many thoughts that are very important to him, so many that he often interrupts others when they are speaking. But, when others begin to interrupt Louis, he learns how to respectfully wait for his turn to talk.

Bad behavior—Fiction;
Communication; Conversation—Fiction; Life skills—Fiction; Manners and customs—Fiction; Social skills; Hartman, Carrie,—ill

My seventh-grade life in tights [6 books]

38517 KT
IJ 293 pce 2016 Yearling Brooks Benjamin

"All Dillon wants is to be a real dancer. And if he wins a summer scholarship at Dance-Splosion, he's on his way. The problem? His dad wants him to play football. And Dillon's freestyle crew, the Dizzee Freeez, says that dance studios are for sellouts. His friends want Dillon to kill it at the audition—so he can turn around and tell the studio just how wrong their rules and creativity-strangling ways are. At first, Dillon's willing to go along with his crew's plan, even convincing one of the snobbiest girls at school to work with him on his technique. But as Dillon's dancing improves, he wonders: what if studios aren't the enemy? And what if he actually has a shot at winning the scholarship? Dillon's life is about to get crazy... on and off the dance floor..." Provided by the publisher.

Dance—Fiction; Friendship—Fiction; Gender role—Fiction; Individuality—Fiction; Interpersonal relations—Fiction; School stories—Fiction; Self-perception—Fiction

My superpower series

For descriptions see individual titles:
Acceptance is my superpower
[41620]

*** Naked : not your average sex encyclopedia**

41268 BK
JS 243 p. 2022 Orca Book Publishers

Myriam Daguzan Bernier ; illustrated by Cécile Gariépy ; translated by Charles Simard.

"Introduces teens to practical information about sexuality from A to Z. It explains 155 body-related terms and is illustrated throughout"—Provided by publisher.

Sex education; Human body; Teenagers—Sexual behavior; Sex; Young adult literature—Collections

The Name Jar

37535 BK
PI 33 p. 2003 Dell Dragonfly Books Yangsook Choi.

Unhei's classmates help her decide on a name when she moves to the United States from Korea.

Individuality—Fiction; Korean Americans—Fiction; Personal and cultural identity; Personal names—Fiction; School stories

*** Nevertheless, we persisted : 48 voices of defiance, strength, and courage**

41197 BK
JS 312 p. 2019 Ember

"A . . . collection of essays from actors, activists, athletes, politicians, musicians, writers, and teens, including Senator Amy Klobuchar, actress Alia Shawkat, actor Maulik Pancholy, poet Azure Antoinette, teen activist Gavin Grimm, and many, many more, each writing about a time in their youth when they were held back because of their race, gender, or sexual identity—but persisted"—Provided by publisher.

Courage; Discrimination; Conduct of life; Essays; Persistence; Social Studies; English/Language Arts; Gender identity; Career Education

Noggin

38355 BK
JS

John Corey Whaley.
After dying at age sixteen, Travis Coates' head was removed and frozen for five years before being attached to another body. Now the old Travis and the new must find a way to coexist, while figuring out changes in his relationships.

Death—Fiction; Family life—Fiction; Identity (Psychology)—Fiction; Interpersonal relations—Fiction; Kansas City (Mo.)—Fiction; Science fiction; Transplantation of organs, tissues, etc.—Fiction

Not every princess

37221 BK
PI 32 p. 2014
by Jeffrey Bone, PsyD, and Lisa Bone, PhD ; illustrated by Valeria Docampo.

After listing activities that are stereotypically, but not always, attributed to princesses, fairies, pirates, superheroes, and more, encourages the reader to imagine what one could be, despite others' expectations. Includes note to parents.

Gender role—Fiction; Imagination—Fiction; Individuality—Fiction; Stereotype (Social psychology)—Fiction; Bone, Lisa,—author; Docampo, Valeria,—1976—illustrator

One

37361 BK
PI 2008 KO Kids Books
by Kathryn Otoshi.

Red picks on Blue while Yellow, Orange, Green, and Purple wonder what they can do until One unites the colors and helps everybody learn about acceptance, tolerance, and boundaries amidst bullying while the reader learns numbers and primary and secondary colors.

Bullies—Fiction; Color—Fiction; Counting; Personal awareness and social responsibility

Other boys

40490 BK
PIJ 201 p. 2021 Roaring Brook Press

Damian Alexander.
Damian is the new kid at school, and he has a foolproof plan to avoid the bullying that's plagued him his whole childhood: he's going to stop talking. Starting on the first day seventh grade, he won't utter a word. If he keeps his mouth shut, the bullies will have nothing to tease him aboutright? But Damian's vow of silence doesn't workhis classmates can tell there's something different about him. His family doesn't look like the kind on TV: his mother is dead, his father is gone, and he's being raised by his grandparents in a low-income household. And Damian does things that boys aren't supposed to do, like play with Barbies instead of GI Joe. Kids have teased him about this his whole life, especially other boys. But if boys can be so cruel, why does Damian have a crush on one?

Bullies—Graphic novels; Biographical graphic novels; Middle school students—Graphic novels; Gender identity—Graphic novels; Gay men—Biography; Mothers—Death—Graphic novels; Gay men—Biography—Graphic novels; Alexander, Damian—Biography; Inclusive education; Healthy relationships

Our bodies, ourselves

38546 BK
T
Boston Women's Health Book Collective.

Addresses a variety of women's health issues, providing expert information as well as personal stories on such issues as body image, illness, pregnancy, childbirth, AIDS, aging, nutrition, sexuality, and others.

Sexual hygiene; Women—Diseases; Women—Health and hygiene; Women—Psychology

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Our subway baby

40486 BK
P 40 p. 2020 Dial Books for Young Readers
Peter Mercurio ; illustrated by Leo Espinosa.

"The story of how one baby found his family in the New York subway"—Provided by publisher.

Family life—Fiction; Father-child relationship; Children of gay parents; Espinosa, Leo,—illustrator; Gay men—Fiction; Abandoned children; Infants; Adopted children; Subways—New York (N.Y.); New York (N.Y.); Inclusive education; Healthy relationships

Owl moon

35866 BK
P 32 p. 1987 Philomel books
by Jane Yolen ; illustrated by John Schoenherr.

On a winter's night under a full moon, a father and daughter trek into the woods to see the Great Horned Owl.

Father-daughter relationship—Fiction; Mindup; Owls—Fiction; Schoenherr, John,—ill

Pablo's tree

35891 BK
P 1994 Simon & Schuster Books for Young Re
by Pat Mora ; illustrated by Cecily Lang.

Each year on his birthday, a young Mexican American boy looks forward to seeing how his grandfather has decorated the tree he planted on the day the boy was adopted.

Adoption—Fiction; Birthdays—Fiction; Grandfathers—Fiction; Mexican Americans—Fiction; Mindup; Lang, Cecily,—ill

The pants project [6 books]

38389 KT
IJ 267 pce 2017 Sourcebooks
Jabberwocky
Cat Clarke

"Eleven-year-old Liv fights to change the middle school dresscode requiring girls to wear a skirt and, along the way, finds the courage to tell his moms he is meant to be a boy."—OCLC.

Family life—Fiction; Gay parents—Fiction; Gender identity—Fiction; Middle schools—Fiction; School stories; Transgender people—Fiction; Uniforms—Fiction

Parrotfish [6 books]

37663 KT
JS 287 pce 2007 Simon & Schuster
Ellen Wittlinger

Grady, a transgender high school student, yearns for acceptance by his classmates and family as he struggles to adjust to his new identity as a male.

Family problems—Fiction; Gender identity—Fiction; High schools—Fiction; Identity—Fiction; Schools—Fiction; Transgender people—Fiction

Part-time princess

36026 BK
P 2013 Disney Hyperion Books
Deborah Underwood ; illustrated by Cambria Evans.

A girl escapes her annoying little brother and the drudgery of school and home life when she travels to a magical kingdom each night and embarks on a series of adventures.

Bedtime—Fiction; Family life—Fiction; Princesses—Fiction; Evans, Cambria,—ill

The period book : a girl's guide to growing up

38562 BK
IJ
Karen Gravelle with Jennifer Gravelle Stratton ; illustrated by Debbie Palen.
Explains what happens at the onset of menstruation, discussing what to wear, going to the gynecologist, and how to handle various problems.

Menstruation; Puberty; Gravelle, Jennifer,—author; Palen, Debbie,—illustrator

The perks of being a wallflower [6 books]

35884 KT
S 213 pce 1999 Gallery Books
Stephen Chbosky

The book begins with 15 year old boy named Charlie writing letters to an unknown recipient about his life. He discusses how he is beginning high school and his fear of it because his only friend, Michael, committed suicide the year before. This book is a moving tale of love, loss, fear and hope and the unforgettable friends that help us through life.

Friendship

Picture Puffin

For descriptions see individual titles:
The story of Ferdinand [35863]

A place for Zero : a math adventure

33928 BK
P 32 p. 2003 Charlesbridge
Angeline Sparagna LoPresti ; illustrated by Phyllis Hornung.

As Zero searches to find his place, he learns of his additive and multiplicative identities, and then he establishes place value. (513)

Mathematics—Study and teaching; Number concept; Hornung, Phyllis,—ill

PopActivism book

For descriptions see individual titles:
Can your conversations change the world? [38521]

The pout-pout fish

38666 BK
P 2008
Deborah Diesen ; pictures by Dan Hanna.

The pout-pout fish believes he only knows how to frown, even though many of his friends suggest ways to change his expression, until one day a fish comes along that shows him otherwise.

Attitude (Psychology)—Fiction; Fishes—Fiction; Friendship—Fiction; Marine animals—Fiction; Stories in rhyme; Hanna, Dan,—illustrator

The pout-pout fish goes to school

37366 BK
P 2008
Deborah Diesen ; pictures by Dan Hanna.

Mr. Fish recalls how, on his very first day of school, he anxiously went to one classroom after another watching students do things he could not, until Miss Hewitt showed him to the room that was right for beginners.

First day of school—Fiction; Fishes—Fiction; School stories; Self-confidence—Fiction; Stories in rhyme; Hanna, Dan,—illustrator

The Power of Style : How Fashion and Beauty are Being Used to Reclaim Cultures

40696 BK
JS 90 p. 2021 Annick Press
Christian Allaire.

"Style is not just the clothes on our backs—it is self-expression, representation, and transformation. As a fashion-obsessed Ojibwe teen, Christian Allaire rarely saw anyone that looked like him in the magazines or movies he looked to for inspiration. Now the Fashion and Style Writer for 'Vogue,' he is working to change that—because clothes are never just clothes. Men's heels are a statement of pride in the face of LGBTQ+ discrimination, while ribbon shirts honor Indigenous ancestors and keep culture alive. Allaire takes the reader through boldly designed chapters to discuss additional topics like cosplay, make up, hijabs, and hair, probing the connections between fashion and history, culture, politics, and social justice"—Provided by publisher.

Fashion; Clothing and dress; Fashion design; Costume; Clothing industry; Fashion—Social aspects; Costume—20th century—History; Inclusive education; Textiles; Powwows

PREVNet

For descriptions see individual titles:
Rise up for respectful relationships : prevent bullying [35045]

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Pride : celebrating diversity & community

37192 BK
PIJ 119 p.
Robin Stevenson.
Looks at Gay Pride Day and what led to its creation.
Gay liberation movement; Gay rights; Homosexuality

Pride : the celebration and the struggle

40480 BK
JS 167 p. 2020 Orca Book Publishers
Robin Stevenson.
Looks at Gay Pride Day and what led to its creation.
Festivals; Gay rights; Gay liberation movement; Pride Day; LGBT people; Social movements; Inclusive education; Healthy relationships

Pride : the story of Harvey Milk and the Rainbow Flag

38709 BK
P
written by Rob Sanders ; illustrated by Steven Salerno.
"Traces the [history] of the Gay Pride Flag, from its beginnings with social activist Harvey Milk and designer Gilbert Baker to its spanning of the globe and its role in today's world."—OCLC.
Flags—History; Gay liberation movement—History; Gay rights—History; Sexual orientation; Milk, Harvey; Salerno, Steven,—illustrator

Primary SOGI kit

37377 KT
P 2017 School District #73
Short stories, lesson plans, activity sheets and information regarding LGBTQ plus topics to use in English, Socials, Social Justice, Psychology, and potentially Drama.
Discrimination; Gender identity—Study and teaching; Gender role—Study and teaching; Homophobia; Homosexuality; Language arts; Lesbians; Physical and health education; Queer theory; Social Studies

The Queeriodic Table : a Celebration of LGBTQ+ Culture

39324 BK
T 126 p. 2019
Harriet Dyer ; text by Abi McMahon.
"Celebrate . . . modern queer culture and its vast history with this . . . introduction to all the essential elements that helped sculpt the LGBTQ+ community up to the present day, including: the . . . stories of queer pioneers like Marsha P. Johnson, celebrities, game-changers and unsung heroes alike, the essential LGBTQ+ timeline of queer world history the biggest queer culture festivals and events in the world and classic works of queer art, literature, music, TV and film"—OCLC.

Gays; LGBT people; LGBT people—Civil rights—History; McMahon, Abi,—author

Questioning gender roles and sexuality

38502 KT
I
This kit contains 2 sets (6 books each) of novels and 1 non fiction book. Topics include transphobia and gender identity and roles.
Bullies; Friendship; Gender identity; Gender role; Interpersonal relations; Popularity; School stories; Transgender people

A quick & easy guide to they/ them pronouns

40559 BK
JS 60 p. 2018 Limerence Press Inc.
Archie Bongiovanni & Tristan Jimerson.
"[A] comic guide that explains what pronouns are, why they matter, and how to use them . . . [Also includes] what to do if you make a mistake, and some tips-and-tricks for those who identify outside of the binary to keep themselves safe"—Back cover.
Gender identity; Comic books, strips, etc; English language—Pronouns—Comic books, strips, etc; Jimerson, Tristan,—author; Healthy relationships

The rabbit listened

39109 BK
PI 2018
by Cori Doerrfeld.
"When Taylor's block castle is destroyed, all the animals think they know just what to do, but only the rabbit quietly listens to how Taylor is feeling"—Provided by publisher.
Animals—Fiction; Emotions—Fiction; Listening—Fiction; Rabbits—Fiction

Red : a crayon's story

36926 BK
PI 2015
Michael Hall.
Red's factory-applied label clearly says that he is red. However despite the best efforts of his teacher, fellow crayons, art supplies, and family members, he cannot seem to do anything right -until a new friend offers a fresh perspective.

Color—Fiction; Crayons—Fiction; Individuality—Fiction; Personal and cultural identity

Relaxation series

For descriptions see individual titles:
Angry octopus : a relaxation story [40412]

Rise up for respectful relationships : prevent bullying

35045 BK
217 p. 2009 PREVNet
edited by Wendy Craig, Debra Pepler and Joanne Cummings.
PREVNet Series - PREVNet (Promoting Relationships and Eliminating Violence Network) is a national network of Canadian researchers, non-governmental organizations (NGOs) and governments committed to stop bullying. This second volume (developed from the second annual conference) offers understanding and guidance to help readers consider their roles in shaping healthy relationships and supporting healthy development of children and youth.

Bullies; Bullies—Prevention; Self-esteem; Craig, Wendy; Cummings, Joanne; Pepler, Debra

Roots of empathy : changing the world, child by child

38564 BK
264 p. 2007 Thomas Allen Publishers
Mary Gordon.
A guide to teaching empathy to children.
Aggressiveness (Psychology)—Prevention; Bullies—Prevention—Study and teaching; Empathy—Study and teaching

Rumors, gossip, and teasing : it hurts

35500 DV
I 15 min 2012 Kinetic Video
Produced by Guidance Systems and Cerebellum Academic Team.
Harassment is when someone or a group of people target someone else with the goal of making them feel bad. Teasing and taunting might get you angry, but there are healthy ways to deal with it and how it makes us feel. Sometimes the best thing to do is just ignore it. You can avoid people who say mean things. If you see others being bullied and picked on, you should say something to stop it. Helping the person being picked on will help you feel good about yourself, too.

Bullies; Bullying—Prevention; Communication; Healthy schools; Physical and health education; School violence—Prevention

S.E.X. : the all-you-need-to-know progressive sexuality guide to get you through your teens and twenties

38545 BK
JS
Heather Corinna.
A guide to sex related topics that addresses female and male anatomy, puberty, body image, masturbation, orgasm, sexual identity, dating, virginity, sexually transmitted infections, rape, contraception, pregnancy, and much more.

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Sex; Sex education; Sexual hygiene

Say something

38574 BK

PI

by Peggy Moss ; illustrated by Lea Lyon.

A child who never says anything when other children are being teased or bullied finds herself in their position one day when jokes are made at her expense and no one speaks up.

Assertiveness (Psychology)—Fiction; Bullies—Fiction; School stories; Teasing—Fiction; Lyon, Lea,—1945—illustrator

Second step

For descriptions see individual titles:

SecondStep: Grade 5 - Skills for Social and Academic Success [36943]

SecondStep: Grade 7 - Skills for Social and Academic Success [36945]

SecondStep: Grade 3 - Skills for Social and Academic Success [36941]

SecondStep: Grade 2 - Skills for Social and Academic Success [36940]

SecondStep: Grade 4 - Skills for Social and Academic Success [36942]

SecondStep: Grade 6 - Skills for Social and Academic Success [36944]

SecondStep: Grade 8 - Skills for Social and Academic Success [36946]

SecondStep: Grade 1 - Skills for Social and Academic Success [36939]

SecondStep: Kindergarten - Skills for Social and Academic Success [36938]

SecondStep: Grade 5 - Skills for Social and Academic Success

36943 KT

I 2011 Committee for Children Committee for Children.

Second step Series - The Second Step program for Kindergarten through grade 5 is a universal, classroom-based program designed to increase students' school success and decrease problem solving behaviors by promoting social emotional competence and self regulation.

Conflict resolution; Healthy schools; Problem solving; Self regulation; Social skills; Violence—prevention; Seattle Institute for Child Advocacy.—Committee for Children

SecondStep: Grade 7 - Skills for Social and Academic Success

36945 KT

I 2011 Committee for Children Committee for Children.

Second step Series

SecondStep: Grade 3 - Skills for Social and Academic Success

36941 KT

PI 2011 Committee for Children Committee for Children.

Second step Series - The Second Step program for Kindergarten through grade 5 is a universal, classroom-based program designed to increase students' school success and decrease problem solving behaviors by promoting social emotional competence and self regulation.

Conflict resolution; Healthy schools; Problem solving; Self regulation; Social skills; Violence—prevention; Seattle Institute for Child Advocacy.—Committee for Children

SecondStep: Grade 2 - Skills for Social and Academic Success

36940 KT

P 2011 Committee for Children Committee for Children.

Second step Series - The Second Step program for Kindergarten through grade 5 is a universal, classroom-based program designed to increase students' school success and decrease problem solving behaviors by promoting social emotional competence and self regulation.

Conflict resolution; Healthy schools; Problem solving; Self regulation; Social skills; Violence—prevention; Seattle Institute for Child Advocacy.—Committee for Children

SecondStep: Grade 4 - Skills for Social and Academic Success

36942 KT

I 2011 Committee for Children Committee for Children.

Second step Series - The Second Step program for Kindergarten through grade 5 is a universal, classroom-based program designed to increase students' school success and decrease problem solving behaviors by promoting social emotional competence and self regulation.

Conflict resolution; Healthy schools; Problem solving; Self regulation; Social skills; Violence—prevention; Seattle Institute for Child Advocacy.—Committee for Children

SecondStep: Grade 6 - Skills for Social and Academic Success

36944 KT

I 2011 Committee for Children Committee for Children.

Second step Series

SecondStep: Grade 8 - Skills for Social and Academic Success

36946 KT

J 2011 Committee for Children Committee for Children.

Second step Series

SecondStep: Grade 1 - Skills for Social and Academic Success

36939 KT

P 2011 Committee for Children Committee for Children.

Second step Series - The Second Step program for Kindergarten through grade 5 is a universal, classroom-based program designed to increase students' school success and decrease problem solving behaviors by promoting social emotional competence and self regulation.

Conflict resolution; Healthy schools; Problem solving; Self regulation; Social skills; Violence—prevention; Seattle Institute for Child Advocacy.—Committee for Children

SecondStep: Kindergarten - Skills for Social and Academic Success

36938 KT

P 2011 Committee for Children Committee for Children.

Second step Series - The Second Step program for Kindergarten through grade 5 is a universal, classroom-based program designed to increase students' school success and decrease problem solving behaviors by promoting social emotional competence and self regulation.

Conflict resolution; Healthy schools; Problem solving; Self regulation; Social skills; Violence—prevention; Seattle Institute for Child Advocacy.—Committee for Children

Secondary SOGI kit

37304 KT

JS 2017 School District #73

Short stories, lesson plans, activity sheets and information regarding LGBTQ plus topics to use in English, Socials, Social Justice, Psychology, and potentially Drama.

Discrimination; Gender identity—Study and teaching; Gender role—Study and teaching; Homophobia; Homosexuality; Language arts; Lesbians; Physical and health education; Queer theory; Social Studies

Sex is a funny word : a book about bodies, feelings, and you

38411 BK

PI

by Cory Silverberg ; and illustrations, Fiona Smyth.

Text and illustrations look at the human body, gender, and sexuality for children.

Sex—Physiological aspects; Sex differences (Psychology); Sex education; Smyth, Fiona,—illustrator

Sexual Health and Healthy Relationships

Shades of people

37542 BK

PI 2016 Holiday House
by Shelley Rotner and Sheila M. Kelly
; photographs by Shelley Rotner.
Explores the many different shades of
human skin, and points out that skin is
just a covering that does not reveal
what someone is like inside.

Color–Fiction; Human behavior–
Fiction; Personal and cultural
identity; Skin–Fiction; Kelly, Sheila
M

Sparkle boy

39736 BK

P 2017
by Lesléa Newman ; illustrations by
Maria Mola.

"Three-year-old Casey wants what his
older sister, Jessie, has—a shimmering
skirt, glittery painted nails, and a
sparkly bracelet—but Jessie does not
approve. After two boys tease Casey
about his appearance, Jessie evolves to
a place of acceptance and
celebration of her gender creative
younger brother"—Provided by
publisher.

Gender role–Fiction;
Self-acceptance–Fiction; Siblings–
Fiction; Teasing–Fiction; Mola,
Maria,—illustrator

Speak

40345 BK

JS 197 p. 2001

Laurie Halse Anderson.
A traumatic event near the end of the
summer has a devastating effect on
Melinda's freshman year in high
school.

School stories; High schools–
Fiction; Stress
(Psychology)—Fiction; Rape–Fiction;
Healthy relationships

Star-crossed

38708 BK

IJ
Barbara Dee.

When Mattie is cast as Romeo in an
eighth-grade play, she is confused to
find herself increasingly attracted to
Gemma, a new classmate who is
playing Juliet.

Family life–Fiction; Middle schools–
Fiction; School stories; Sexual
orientation–Fiction; Theater–Fiction

Star-crossed [6 books]

38609 KT

I 277 pce 2017 Aladdin
Barbara Dee

When Mattie is cast as Romeo in an
eighth-grade play, she is confused to
find herself increasingly attracted to
Gemma, a new classmate who is
playing Juliet.

Family life–Fiction; Gender identity–
Fiction; Gender role–Fiction; Middle
schools–Fiction; School stories–
Fiction; Sexual orientation;
Theatre–Fiction

Stella : star of the sea

33757 BK

PI 1999 Douglas and McIntyre
Marie-Louise Gay.

Stella and her little brother spend a
day at the beach. It is Sam's first time
there, and Sam is full of questions
about the seashore. His older sister
has an answer for each one, except
whether or not Sam will ever come
into the water.

Beaches–Fiction; Seashore–Fiction;
Siblings–Fiction

The story of Ferdinand

35863 BK

P 45 p. 1936 Viking

by Munro Leaf ; drawings by Robert
Lawson.

Picture Puffin Series

Super Manny stands up!

38712 BK

PI 2017

by Kelly DiPucchio ; illustrated by
Stephanie Graegin.

"The story of a brave little raccoon
named Manny, whose superhero
games at home give him unexpected
strength at school when he puts on
his invisible cape to stand up to a
bully"—Provided by publisher.

Bullies–Fiction; Imagination–Fiction;
Raccoons–Fiction; Graegin,
Stephanie,—illustrator

Surviving the city. Vol. 2, From the roots up

40481 BK

JS 64 p. 2020 Highwater Press
Tasha Spillett, Natasha Donovan.

Debwe series - "Dez's grandmother
has passed away. Grieving, and with
nowhere else to go, she's living in a
group home. On top of everything
else, Dez is navigating a new
relationship and coming into her
identity as a Two-Spirit person.

Miikwan is crushing on a new kid Riel,
but doesn't really understand what
Dez is going through. Can Miikwan
learn how to be a better ally to her
best friend? Elder Geraldine is doing
her best to be supportive of the teens,
but she doesn't know how to respond
when the gendered protocols she's
grown up with are thrown into
question. Will Dez be comfortable
expressing her full identity? And will
their community relearn the teachings
and overcome prejudice to celebrate
Dez for who she is?"—Back cover.

Friendship–Graphic novels; First
Nations–Graphic novels; Donovan,
Natasha,—illustrator; Gender
identity–Graphic novels; Missing
persons–Graphic novels; Runaway
teenagers–Graphic novels;
Aboriginal; Healthy relationships

Talk sex today : what kids need to know and how adults can teach them

38565 BK

Saleema Noon and Meg Hickling.
This book provides the information
and language parents, and also
grandparents, teachers, and other
professionals/caregivers, need in order
to talk to children and teens about sex
and sexual health, in ways that are
age-appropriate at each stage of
sexual, psycho-social development,
beginning with preschoolers through to
late teens. Topics include: gender
identity and attraction, physical/sexual
development, emotional readiness,
boundaries, contraception, pregnancy,
STIs, relationships, assertiveness,
sexual consent, sex and media/social
media, (sexting, cyberbullying, selfies),
etc. The book also includes a chapter
on teaching sexual health to children
and teens with special needs.

Sex; Sex education; Teenagers–
Sexual behavior; Hickling,
Meg,—1941—author

Tanna's owl

39845 BK

P 2019

by Rachel and Sean Qitsualik-Tinsley
; illustrated by Yong Ling Kang.

"When Tanna's father brings home an
abandoned owl, she is not eager to
take care of the needy, ugly little bird.
Tanna must wake at 4:00 AM to catch
food for the owl. She must feed it,
clean up after it, all while avoiding its
sharp, chomping beak and big,
stomping talons. After weeks of
following her father's instructions on
how to care for the owl, Tanna must
leave home for school. Her owl has
grown. It has lost its grey baby
feathers and is beginning to sprout a
beautiful adult snowy owl coat. As she
says good-bye to the owl, She is
relieved not to have to care for it
anymore, but also a bit sad"—Back
cover.

Caring–Fiction; First Nations;
Human-animal relationships–
Fiction; Inuit–Fiction; Owls–Fiction;
Work ethic–Fiction; Kang, Yong
Ling,—illustrator; Qitsualik-Tinsley,
Sean,—1969—author

The thankful book

35869 BK

P 28 p. 2012 Little Brown
Todd Parr.

Easy-to-read text encourages the
reader to find something every day for
which to be thankful, from underwear
that is just the right size to birthday
cakes and the wishes they bring.

Gratitude–Fiction; Mindup

Sexual Health and Healthy Relationships

Think b4 u post : your reputation and privacy on social networking sites

34648 DV

JS 22 min 2011 McIntyre Media
Produced by Films Media

A person normally wouldn't shout out the details of a secret hookup or give a credit card to a total stranger and say "Max it out for me." Yet as this video playfully points out, in effect that's what people do when they post indiscreetly on social networking sites or are duped by phishing scams. Think b4 u Post uses a light touch to deliver some very serious information on how people can protect their reputation and guard their privacy online while still having a good time using social networking sites. On the "reputation" side, viewers are advised to keep their postings positive, remember that "intended readers" (friends) are only a subset of "actual readers" (friends, teachers, prospective employers), and more. And on the "privacy" side, viewers are made aware of the consequences of cyberbullying and defamation as well as steps they can take to safeguard their personal information and avoid online/offline predators. Data mining is also discussed.

Internet—Safety measures; Library skills; Media literacy; Research; Social Studies

This is a job for Mommy! : an A-Z adventure

38556 BK

words by Keegan Connor Tracy ;
pictures by Roz MacLean.

"Join a mother-daughter duo (and their kitty!) as they travel through the alphabet, exploring twenty-six different careers" -back cover.

Alphabet—Fiction; Mother-daughter relationship—Fiction; Mothers—Fiction; Occupations—Fiction

Those darn squirrels!

36025 BK

PI 32 p. 2008 Sandpiper
by Adam Rubin ; illustrated by Daniel Salmieri.

When grumpy Old Man Fookwire builds feeders to try to keep birds—the only creatures he likes—from leaving for the winter, he finds himself in a battle with clever, crafty squirrels who want a share of the abundant food.

Birds—Fiction; Human-animal relationships—Fiction; Humorous fiction; Old age—Fiction; Squirrels—Fiction; Salmieri, Daniel,—1983—ill

Totally Joe [6 books]

37672 KT

IJ 189 pce 2005 Atheneum Books
for Young Readers
James Howe

As a school assignment, a thirteen-year-old boy writes an alphabiography—life from A to Z—and explores issues of friendship, family,

school, and the challenges of being a gay teenager.

Family life—Fiction; Friendship—Fiction; Gay teenagers—Fiction; Gender identity—Fiction; School stories—Fiction

The transgender child

38568 BK

T

Stephanie Brill and Rachel Pepper.
A comprehensive guide for parent, educators, and professionals that offers advice on understanding and working with children believed to be transgender.

Gender identity; Gender role; Transgender people; Pepper, Rachel,—author

Ugly [6 books]

38182 KT

IJ 200 pce 2017 Puffin
Robert Hoge

"Robert Hoge was born with a tumor the size of a tennis ball in the middle of his face and short, twisted legs, but he refused to let what made him different stand in the way of leading a happy, successful life. This is the true story of how he embraced his circumstances and never let his 'ugly' stop him from focusing on what truly mattered"—Provided by publisher

Birth defects; People with disabilities—Biography; People with disabilities

* Wait, what? : a comic book guide to relationships, bodies, and growing up

42333 BK

JS 75 p. 2019 Limrence Press
by Heather Corinna & Isabella Rotman.

In graphic novel format friends Mallia, Rico, Max, Sam, and Alex talk about growing up, including sexual and gender identity, puberty, boundaries and consent, and more.

Sex education; Sex education—Comic books, strips, etc; Man-woman relationship—Comic books, strips, etc; Gender identity—Comic books, strips, etc; Rotman, Isabella,—illustrator; English/Language Arts; Healthy relationships

* We are all equal

41632 BK

PI 2020 Philomel books
P. Crumble and Jonathan Bentley.

"A diverse group of animals comes together to celebrate one very important idea: no matter our differences, we are all equal"—Amazon.

Animals—Fiction; Stories in rhyme; Individuality—Fiction; Equality—Fiction; Bentley, Jonathan,—illustrator; Language arts (Primary)

We are all made of molecules [6 books]

38088 KT

JS 248 pce 2015 Tundra Books
Susin Nielsen

Stewart is academically brilliant but socially clueless. Ashley is the undisputed "It" girl in her class, but her grades stink. Their worlds are about to collide when Stewart and his dad move in with Ashley and her mom. Stewart is trying to be 89.9 percent happy about it, but Ashley is 110 percent horrified. She already has to hide the real reason her dad moved out: "Spewart" could further threaten her position at the top of the social ladder. They are complete opposites. And yet, they have one thing in common: they — like everyone else — are made of molecules.

Bullies—Fiction; Dating (Social customs)—Fiction; Family life—Fiction; Gay parents—Fiction; Interpersonal relations—Fiction; School stories

We belong together : a book about adoption and families

39385 BK

2007 Little Brown and Company
Todd Parr.

Simple text and illustrations teach children about the tangible and emotional needs adoptive families fulfill for one another.

Adoption—Fiction; Family—Fiction

Wemberly worried

36296 BK

PJ 2000 Greenwillow Books
Kevin Henkes.

A mouse named Wemberly, who worries about everything, finds that she has a whole list of things to worry about when she faces the first day of nursery school.

Mice—Fiction; Nursery schools—Fiction; School stories; Worry—Fiction

What does consent really mean?

38392 BK

JS

written by Pete Wallis and Thalia Wallis ; illustrated by Joseph Wilkins.

"Learn more about consent and what it means for you by following a group of teenage friends chatting on their way home from school. Confronted by the myths and taboos surrounding sex and consent, they talk about their own experiences and debate what's okay and what's not, as they explore what consent really means."—Back cover.

Interpersonal relations—Graphic novels; Sexual harassment; Sexual harassment—Graphic novels; Teenagers—Sexual behavior—Graphic novels; Teenagers—Sexual behavior; Wallis, Thalia,—author; Wilkins, Joseph—(Freelance illustrator)—illustrator

Sexual Health and Healthy Relationships

What does it mean to be global?

35889 BK
PI 2009 Little Pickle Press
by Rana DiOrio ; illustrated by Chris Hill.

Children learn what it means to be global through exploring, appreciating, and respecting the traditions of children from around the world.

Multicultural education; Personal awareness and social responsibility; Respect; Hill, Chris—(Chris Costigan),—1970—ill

What does it mean to be present?

39570 BK
P 2010 Little Pickle Press
by Rana DiOrio ; illustrated by Eliza Wheeler.

Simple text and illustrations define what it means to be present and describes ways to enjoy life by being more aware of people and events.

Conduct of life; Generosity; Gratitude; Kindness; Wheeler, Eliza,—ill

What makes a baby

38416 BK
P
written by Cory Silverberg ; illustrated by Fiona Smyth.
A picture book that explains human reproduction.

Reproduction; Sex education; Smyth, Fiona,—illustrator

What makes us unique? : our first talk about diversity

37323 BK
PI
Dr. Jillian Roberts ; illustrated by Cindy Revell.

Just enough Series - "A nonfiction picture book that introduces very young children to the concept of diversity in a way that is uplifting and approachable"—Provided by publisher.

Interpersonal relations; Pluralism (Social sciences); Toleration; Revell, Cindy,—illustrator

What's happening to me

38506 BK
PI 48 p. 2006 Usborne [or] EDC
Alex Frith ; illustrated by Adam Larkum ; designed by Neil Francis ; edited by Susan Meredith.

Provides information on personal health and the physical and emotional changes boys go through as they grow from boys to men. Also includes brief facts about how girls mature.

Adolescence; Boys—Health and hygiene; Puberty; Sex education; Larkum, Adam,—ill

What's happening to me

38507 BK
PI 48 p. 2006 Usborne [or] EDC
Susan Meredith ; designed & illustrated by Nancy Leschnikoff ; edited by Jane Chisholm.

Provides information on personal health and the physical and emotional changes girls go through as they grow from girls to women. Covers body changes, periods, emotions, hygiene, and other related topics. Also includes brief facts about how girls mature.

Adolescence; Girls—Health and hygiene; Puberty; Sex education; Leschnikoff, Nancy,—ill

What's the big secret : talking about sex with girls and boys

38409 BK
PI 31 p. 1997 Little Brown and Company

Laurie Krasny Brown and Marc Brown. Answers some of the most common questions about sex differences and sexual development using straight text and cartoon illustrations.

Human anatomy; Reproduction; Sex education; Brown, Marc Tolon

Who are you? : the kid's guide to gender identity

39915 BK
PJ 2017
Brook Pessin-Whedbee ; illustrated by Naomi Bardoff.

"... presents clear and direct language for understanding and talking about how we experience gender: our bodies, our expression and our identity"—Amazon.com.

Gender identity; Gender role; Transgender people; Bardoff, Naomi,—illustrator; Social Studies

* Why we fly the rainbow

41627 BK
2018 Minty Beets
by Miss Minty Beets.

"Why We Fly the Rainbow presents the rainbow Pride flag, the people it represents and why we fly it, in a way that's easy for young readers to follow. The book is narrated by two cheerful jellybeans, as they discuss the LGBTQ+ initials, the various iterations of the pride flag and what it means to be a good friend. Through a casual conversation between these happy candies, we learn about acceptance, diversity and the concept of pride."—Amazon website.

Flags; Candy—Fiction; Rainbow—Fiction; LGBTQ people—Fiction; Language arts (Primary)

The wild wild web

34626 DV
IJ 26 min 2010 McIntyre Media
Produced by Twisted Scholar Inc.

A Student's Guide to Preventing Cyber Bullying provides a critical tool to educators, counselors and law enforcement agents to begin engaging young people on the subject of online harassment. The 26 minute DVD: - Establishes a common sense, three-rule code of conduct for the web. - Defines the broad range of behaviours that could be classified as cyber bullying. - Exposes the critical side of the bystander in a common bullying scenario. - Shares the real life story of an actual cyber bullying incident. - Features interviews with numerous experts in the field of cyber bullying. - And offers simple technical tips for documenting cyber bullying attacks. The program delivers the perfect combination of creative entertainment, practical advice and powerful strategies for coping with and reducing the frequency of cyber attacks.

Library skills; Media literacy; Research; Social Studies

The world around us

Under our clothes : our first talk about our bodies

38710 BK
PIJ
Dr. Jillian Roberts ; illustrations by Jane Heinrichs.
". . . introduces young readers to the ideas of body safety and body image"—Provided by publisher.

Body image; Child abuse—prevention; Child sexual abuse—Prevention; Personal space—Study and teaching; Safety education; Heinrichs, Jane,—1982—illustrator

A world of kindness

39363 BK 2018
P
from the editors & illustrators of Pajama Press.

"Shows children how, through simple acts of kindness toward each other, they can make a meaningful and lasting impact on the world around them"—Back cover.

Courtesy; Friendship; Kindness; Personal awareness and social responsibility

The yellow suitcase

39844 BK 2019
PI
story by Meera Sriram ; pictures by Meera Sethi.

"Asha travels with her parents from America to India to mourn her grandmother's passing. Asha's grief and anger are compounded by the empty yellow suitcase usually reserved for gifts to and from Grandma, but when she discovers a gift left behind just for her, Asha realizes that the memory of her

Sexual Health and Healthy Relationships

grandmother will live on inside her, no matter where she lives"—Provided by publisher.

Grandmothers—Death—Fiction;
Grandparent-grandchild
relationship—Fiction; Grief—Fiction;
India—Fiction; Sethi,
Meera,—illustrator

Yoko

37541 BK

PJ

Rosemary Wells.

When Yoko brings sushi to school for lunch, her classmates make fun of what she eats—until one of them tries it for himself.

Food—Fiction; Japanese
Americans—Fiction; Personal and
cultural identity; School stories;
Sushi—Fiction

You are friendly

39199 BK

PI

2008

written by Todd Snow ; illustrated by Melodee Strong.

You are important Series - A children's book with colorful illustrations and simple text that teaches young learners how to make and keep friends.

Conduct of life; Courtesy;
Friendship; Human behavior;
Kindness; Strong,
Melodee,—illustrator

You are important

For descriptions see individual titles:

You are friendly [39199]

You are (not) small

37527 BK

PI

by Anna Kang ; illustrated by Christopher Weyant.

"Two fuzzy creatures can't agree on who is small and who is big, until a couple of surprise guests show up, settling it once and for all!"—Publisher.

Personal and cultural identity; Size—
Fiction; Weyant,
Christopher,—illustrator

You hold me up

37871 BK

P

2017

Monique Gray Smith and Danielle Daniel.

"A ... story about the simplicity of love, the importance of respect and the cultivation of compassion"—Dust jacket flap.

Caring—Fiction; Compassion—
Fiction; First Nations;
Respect—Fiction; Daniel,
Danielle,—illustrator

You may already be a winner [6 books]

37911 KT

IJ 347 pce 2017 Puffin Books

Ann Dee Ellis

Twelve-year-old Olivia endeavors to care for her younger sister, possibly make a new friend in the quirky and secretive Bart, and keep hope alive for her, her family, and her community of idiosyncratic neighbors at Sunny Pines Trailer park.

Parent-child relationship—Fiction;
Sisters—Fiction

Your body belongs to you

38410 BK

P

1997

A. Whitman

Cornelia Spelman ; illustrated by Teri Weidner.

Explains what to say and do if someone touches your body when you do not want to be touched, especially when the action involves the touching of private parts.

Child sexual abuse—Prevention;
Hugging—Prevention; Safety
education; Touch—Prevention;
Weidner, Teri,—ill

You're mean! : when words hurt us

31189 DV

PI 25 min 2007 McIntyre Media

Human Relations Media

This well-paced program provides an overview of the effects of verbal abuse amongst peers at school and at home. Students identify bullying situations and suggest strategies for peaceful resolutions. This resource supplements social responsibility units on respect and getting along with others. Those working with Second Step programs would have to adapt the responses as 'I messages' are not discussed as part of the strategies.

There is an extensive teacher's guide and ready-to-use package of classroom activities, including blackline masters. (302.3)

Anger management; Bullies;
Invective; Self control—study and
teaching; Social responsibility

Zero

38707 BK

P

2010

KO Kids Books

by Kathryn Otoshi.

Zero, dismayed by her big, empty, roundness, tries to force herself into the shape of the much-admired One, but must finally accept that she can only be Zero.

Counting; Courage—Fiction; Social
skills—Fiction; Values—Fiction