

Self-awareness

10,000 dresses

39280 BK

P

2008

story by Marcus Ewert ; illustrations by Rex Ray.

Bailey longs to wear the beautiful dresses of his dreams but is ridiculed by his unsympathetic family which rejects his true perception of himself.

Clothing and dress—Fiction; Gender role—Fiction; Individuality—Fiction; Interpersonal relations—Fiction; Self-perception—Fiction; Transgender people—Fiction; Ray, Rex,—illustrator

ABC, Mindful me

38637 KT

PI

Introduces mindfulness to children. Includes exercises and materials to help them become relaxed, focused and energized. Also includes expandable balls, a visual aid to illustrate deep breathing.

Brain; Consciousness; Emotions; Meditation; Mind and body; Mindfulness (Psychology); Respiration; Self-perception—Study and teaching; Stress management

Alma and how she got her name

38981 BK

P

2018

Juana Martinez-Neal.

"When Alma Sofia Esperanza Jos©b Pura Candela asks her father why she has so many names, she hears the story of her name and learns about her grandparents"—OCLC.

Family life—Fiction; Parent-child relationship—Fiction; Personal and cultural identity; Personal names—Fiction

Be who you are

38956 BK

PI

2016

Todd Parr.

Encourages children to be proud of what makes them unique, where they come from, how they express themselves, and how they see the world.

Bullies—Fiction; Self-confidence—Fiction; Self-esteem—Fiction

Be You!

39496 BK

P

32 p. 2020 Orchard Books

Peter H. Reynolds.

"A joyful celebration of individuality, persistence, and staying true to YOU!"—Jacket cover.

Individuality—Fiction; Persistence—Fiction; Self-esteem—Fiction

Beautiful

39019 BK

PI

2016

Stacy McAnulty ; illustrated by Joanne Lew-Vriethoff.

Spirited girls offer a quirky take on traditional advice of how beautiful girls should behave, showing how their own individuality and talent make them beautiful.

Friendship—Fiction; Girls—Fiction; Human behavior—Fiction; Self-esteem—Fiction; Lew-Vriethoff, Joanne,—illustrator

Beautiful oops

37360 BK

PI

2010

Workman

Barney Saltzberg.

Demonstrates the many ways that torn, crinkled, and smudged bits of paper can be transformed into various shapes and images. On board pages with lift-the-flap activities.

Creative thinking; Errors—Humor; Paper crafts—Miscellanea; Shape—Humor; Toy and movable books

Best me I can be

For descriptions see individual titles:

Thanks for the feedback, I think [37249]

Boxitects

39114 BK

2019

Kim Smith.

Meg goes to Maker School to hone her talent for building with boxes, but when Simone, another boxitect, arrives they become so competitive they nearly fail in the annual Maker Match.

Architects—Fiction; Communication; Contests—Fiction; Creative ability—Fiction; Handicraft—Fiction; Teamwork—Fiction

Breathe like a bear : 30 mindful moments for kids to feel calm and focused anytime, anywhere

38808 BK

P

Kira Willey ; illustrated by Anni Betts. Introduces mindfulness exercises to children to help them become relaxed, focused, and energized. Shows young readers how to get their "grumpies" out, become a cloud, stretch like a kitty cat, and more.

Mindfulness (Psychology); Mindfulness (Psychology)—Problems, exercises, etc; Respiration; Yoga; Betts, Anni,—illustrator

Building character with Kelso : Character education curriculum kit

35754 KT

PI

2012

Cerebellum

Barbara Clark and Diane Hipp

This kit a powerful and timely tool created to help develop positive character traits in young people.

Character—Study and teaching; Conflict resolution; Empathy; Moral education; Self esteem; Social responsibility; Values; Virtues

Button maker

31579 SK

PIJ

2009

Create pin back buttons for students using the Button Maker Press and supplies. Staff are welcome to use the button maker at the HGEC Library Learning Commons in Room 10b. Supplies can be purchased for 20 cents per button. Special requests can be made for the kit to be delivered to schools.

Applied design, skills and technologies; Creative activities; Decoration and ornament; Handicraft

Button maker (small)

31823 SK

PIJ

2009

Create pin back buttons for students using the Button Maker Press and supplies. Staff are welcome to use the button maker at the HGEC Library Learning Commons in Room 10b. Supplies can be purchased for 10 cents per button. Special requests can be made for the kit to be delivered to schools.

Applied design, skills and technologies; Creative activities; Decoration and ornament; Handicraft

Character education emotions kit

34584 KT

P

Teach children positive values and stress the importance of practicing them by incorporating the activities and stories in this resource kit. This kit includes dramatic play activities that help students learn about emotions and develop empathy skills. (155.4)

Communication; Emotions; Empathy; Healthy schools; Personal awareness and social responsibility; Self esteem; Social conflict; Violence—prevention

Self-awareness

The color monster : a story about emotions

38664 BK

P

2015

Anna Llenas.

Emotions, including happiness, sadness, anger, fear, and calm, are described through the actions of a monster sorting them out.

Color–Fiction; Emotions; Monsters; Personal awareness and social responsibility

Ease

Relaxation and chill-out tools K-3

38304 KT

P

This kit contains books and visuals needed to support learning outcomes - . to introduce and practice slow, deep breathing . to practice attention focus to the present moment . to introduce progressive muscle relaxation . to support regular movement breaks

Anger; Anxiety; Emotions; Rest; Stress management; Worry

Relaxation and chill-out tools K-3, Version 2

38735 KT

P

This kit contains books and visuals needed to support learning outcomes - . to introduce and practice slow, deep breathing . to practice attention focus to the present moment . to introduce progressive muscle relaxation . to support regular movement breaks

Anger; Anxiety; Emotions; Rest; Stress management; Worry

Setting the stage for success K-3

38300 KT

P

This kit contains the book needed to support the learning outcome - . to proactively manage anxiety in the classroom and create a safe environment for all students. Wemberly Worried is about a mouse named Wemberly, who worries about everything, finds that she has a whole list of things to worry about when she faces the first day of nursery school.

Anxiety; Emotions; Worry

Taking action 4-7

38822 KT

I

Taking action K-3

38311 KT

P

This kit contains books and visuals needed to support learning outcomes - . to create encouraging statements to use as reminders during times of anxious thoughts . to reinforce the concepts of bravery and courage

Ability–Fiction; Anxiety; Courage–Fiction; Emotions; Fear–Fiction; Loneliness–Fiction; Perseverance–Fiction; Self-confidence–Fiction; Self-esteem; Worry

Taking action K-3, Version 2

38734 KT

P

This kit contains books and visuals needed to support learning outcomes - . to create encouraging statements to use as reminders during times of anxious thoughts . to reinforce the concepts of bravery and courage

Ability–Fiction; Anxiety; Courage–Fiction; Emotions; Fear–Fiction; Loneliness–Fiction; Perseverance–Fiction; Self-confidence–Fiction; Self-esteem; Worry

Understanding feelings K-3

38301 KT

P

This kit contains books, visuals, and student materials needed to support learning outcomes - . to increase awareness of anxiety symptoms in the body . to develop vocabulary . to introduce a worry scale.

Anxiety; Autism–Treatment; Emotions; Emotions–Pictorial works; Mindfulness (Psychology); Social skills; Worry

Understanding feelings K-3, Version 2

38736 KT

P

This kit contains books, visuals, and student materials needed to support learning outcomes - . to increase awareness of anxiety symptoms in the body . to develop vocabulary . to introduce a worry scale.

Anxiety; Autism–Treatment; Emotions; Emotions–Pictorial works; Mindfulness (Psychology); Social skills; Worry

Understanding thoughts K-3

38310 KT

P

This kit contains books and visuals needed to support learning outcomes - . to introduce the concept of a thought . to understand different types of thoughts

Anxiety; Attention–Fiction; Buddhism–Customs and practices–Fiction; Conduct of life; Emotions; Generosity; Gratitude; Happiness; Kindness; Meditation; Worry

Understanding thoughts K-3, Version 2

38813 KT

P

This kit contains books needed to support learning outcomes - . to introduce the concept of a thought . to understand different types of thoughts

Anxiety; Attention–Fiction; Conduct of life; Emotions; Generosity; Gratitude; Happiness; Kindness; Meditation; Worry

Environment - Provocation table [6 books]

37844 KT

PI 16 pce 2015 Strong Nations Publishing Inc

Brenda Boreham and Terri Mack

From the mountains to the sea Series

- This kit includes a provocation guide sheet as well as the book "We live here". In this book, readers look at how a river starts high up in the mountains as a variety of small pathways of water that join together and gradually gets larger until it ends when it flows into the sea. Readers will explore plants and animals in and around the river – cedar trees, salmon, bears, eagles, and orcas.

Bears; Bears–Pictorial works; Big books; Cedar; Cedar–Pictorial works; Eagles; Eagles–Pictorial works; First Nations–Study and teaching; Inquiry-based learning; Killer whales; Killer whales–Pictorial works; Provocation tables; River ecology; Salmon; Salmon–Pictorial works

Feelings: books, stones and mirrors

38128 KT

PI

This kit helps students learn about feelings and emotions. Topics include jealousy, sadness, anger, loneliness and other feelings. Includes emotion stones developed especially for young learners, providing plenty of opportunity to explore emotions. Also includes 2 sided face mirrors with a write on/wipe off surface. The set consists of ten plastic mirrors in the shape of a child's head. Each mirror has a write-on/wipe-off surface which can be drawn on using a dry erase pen. Children can draw on the mirror to show how they imagine a given emotion looks as a facial expression. They can then mimic this or compare it with their reflection. The mirrors can also be used by a child to explore what their facial expressions tell themselves and others about how they are feeling. An excellent resource for social awareness, communication and discussion.

Self-awareness

Anger; Behavior modification—Study and teaching; Emotions; Emotions—Social aspects; Emotions—Study and teaching; Emotions in children; Empathy; Happiness; Human behavior; Self esteem; Self-control—Study and teaching; Social skills—Study and teaching; Storytelling; Storytelling with manipulatives

From the mountains to the sea

For descriptions see individual titles:
Environment - Provocation table [6 books] [37844]

We live here [36864]

We live here [6 books] [37755]

Gender roles : princess boys and pirate girls

38503 KT

P

This kit includes an assortment of picture books exploring gender roles and identities for Grades K to 3.

Clothing and dress; Friendship; Gender identity; Gender role; Identity (Psychology); Individuality; Interpersonal relations; Love; Male friendship; Princesses; Self-acceptance; Self-perception; Self-realization; Social integration; Social role; Transgender people

Getting started with social thinking

34433 KT

PI

Dianne Dean, Lorraine Brookes, Linda Comeau, Wendy Lloyd, Carrie Graham.

This kit (formerly Superflex kit) provides classroom teachers with a ready-to-use program that targets several learning outcomes in the provincial Health and Career, Language Arts, Social Studies, Drama, and Visual Arts curricula for Kindergarten to Grade 5 and reflects aspects of Social Responsibility. (302)

Interpersonal relations; Social responsibility; Social skills

The girl who never made mistakes

37314 BK

PJ 2011 Sourcebooks Jabberwocky by Mark Pett and Gary Rubinstein ; illustrated by Mark Pett.

Beatrice is so well-known for never making a mistake that she is greeted each morning by fans and reporters. However a near-error on the day of the school talent show could change everything...

Anxiety—Fiction; Perfectionism (Personality trait)—Fiction; Personal awareness and social responsibility; Self-confidence—Fiction; Talent shows—Fiction; Rubinstein, Gary

Happy in our skin

37531 BK

P

Fran Manushkin ; illustrated by Lauren Tobia.

Children interact with others and discover that they have different skin colors.

Infants—Fiction; Personal and cultural identity; Skin—Fiction; Stories in rhyme; Tobia, Lauren,—illustrator

How are we the same and different?

39160 BK

PI 32 p. 2009 Crabtree Pub Bobbie Kalman.

Our multicultural world Series - Photographs and simple text introduce young readers to the ways that people around the world are both similar and different, and discusses physical similarities, cultural differences, and more. Includes glossary.

Culture; Difference (Psychology); Toleration

I am enough

38977 BK

PI

2018

Grace Byers ; pictures by Keturah A. Bobo.

"Shares a story of loving who you are, respecting others and being kind to one another"—OCLC.

Bullies—Fiction; Personal and cultural identity; Self-acceptance—Fiction; Self-esteem—Fiction; Stories in rhyme; Bobo, Keturah A.—illustrator

I like myself!

38950 BK

PI 32 p. 2005 Scholastic Inc.

Karen Beaumont ; illustrated by David Catrow.

In rhyming text, a child expresses her self-esteem and exults in her unique identity. ([E])

Individuality—Fiction; Self-esteem—Fiction; Stories in rhyme; Catrow, David,—ill

Just ask! : be different, be brave, be you

39610 BK

PJ

2019

Sonia Sotomayor ; illustrated by Rafael López.

A story in which friends who have different abilities, work together to build a community garden.

Community gardens—Fiction; Friendship—Fiction; Individuality—Fiction; Personal and cultural identity; Self-acceptance—Fiction; López, Rafael,—1961—illustrator

Legends and literature: Pacific Coast First Nations

29136 KT

IJ

This kit contains a collection of Aboriginal folk tales, legends, and stories that can be integrated into a unit or used by itself as a literature unit folktales. Links to Social Studies Grade 4 and 8 IRPs. (398.2097)

Coast Salish (First Nations people); First Nations—Education; Folklore; Haida (First Nations people); Legends—Language Arts; Nuuchah-nulth (First Nations people)

Little Bear's vision quest

20036 BK

31 p. 1995 S.D. #61. First Nations Education D

by Diane Silvey ; illustrated by Joe Silvey.

Little leaders : bold women in black history

38525 BK

PI

Vashti Harrison.

Relates true stories of forty trailblazing black women in American history. ...Text paired with ... illustrations bring to life both iconic and lesser-known female figures of Black history such as abolitionist Sojourner Truth, pilot Bessie Coleman, chemist Alice Ball, politician Shirley Chisholm, mathematician Katherine Johnson, poet Maya Angelou, and filmmaker Julie Dash. ... find heroes, role models, and everyday women who did extraordinary things -bold women whose actions and beliefs contributed to making the world better for generations of girls and women to come. Whether they were putting pen to paper, soaring through the air or speaking up for the rights of others, the women profiled in these pages were all taking a stand against a world that didn't always accept them. [Amazon.com].

African American women—Biography; African Americans—History; Heroes and heroines—Biography; Women—Biography

Little legends : exceptional men in black history

39441 BK

PI

Vashti Harrison with Kwesi Johnson.

". . . this . . . volume brings to life true stories of black men in history. Among these biographies, readers will find aviators and artists, politicians and pop stars, athletes and activists. The exceptional men featured include artist Aaron Douglas, civil rights leader John Lewis, dancer Alvin Ailey, filmmaker Oscar Micheaux, musician Prince, photographer Gordon Parks, tennis champion Arthur Ashe, and writer James Baldwin"—Back cover.

Self-awareness

African Americans—Biography;
African Americans—History; African
American men—Biography;
Johnson, Kwesi,—author

Magnificent homespun brown : a celebration

39945 BK
PI 2020

written by Samara Cole Doyon ;
illustrated by Kaylani Juanita.
"Joyful young narrators celebrate
feeling at home in one's own
skin"—OCLC.

African Americans—Fiction; Family
life—Fiction; Personal appearance—
Fiction; Racially mixed
people—Fiction; Self-confidence—
Fiction; Self-esteem—Fiction;
Juanita, Kaylani,—illustrator

Mirror blocks [10 pieces]

37715 KT
P

Set of 10 mirror blocks features
hardwood frames with soft, rounded
corners and Mylar mirrored double
faced interiors. Sized to standard unit
block measurements. Educational
Focus: Science, visual perception,
block play, size relationships.

Applied design, skills and
technologies; Building; Geometry;
Maker spaces; Math; Mathematics—
Manipulatives; Numeracy; Science;
Shapes—Study and teaching
(Primary); Structures

Mirror blocks [8 pieces]

38650 KT
P

This 8 piece set consists of geometric
shaped, hardwood framed blocks that
permanently encase an unbreakable
acrylic mirror. Large square block is
14 x 14 cm.

Applied design, skills and
technologies; Building; Geometry;
Maker spaces; Math; Mathematics—
Manipulatives; Numeracy; Science;
Shapes—Study and teaching
(Primary); Structures

The Name Jar

37535 BK
PI 33 p. 2003 Dell Dragonfly Books
Yangsook Choi.

Unhei's classmates help her decide on
a name when she moves to the
United States from Korea.

Individuality—Fiction; Korean
Americans—Fiction; Personal and
cultural identity; Personal
names—Fiction; School stories

Our multicultural world

For descriptions see individual titles:
How are we the same and different?
[39160]

Portable Puppet Theatre & Puppets

33785 KT
PI 2010 Open Door Designs

This professional quality, child sized
puppet theatre can comfortably
accommodate both child and adult
performers and can be easily
assembled in 20 minutes. The theatre
weighs about 25 lbs. and features a
backdrop scrim, tie-down loops on the
legs. The theatre is ideal for children's
events in libraries or classrooms.
Some puppets included. See [http://
www.opendoor designs.ca/ppt-
kids.html](http://www.opendoor designs.ca/ppt-kids.html) for assembly information.
This Kit also comes with puppets.

Drama in education.; Puppets and
puppet plays; Readers' theatre

Powerful understanding

Powerful understanding - Understanding others [26 books]

38766 KT
P

Adrienne Gear
"Explores effective ways to build social
emotional skills and help students
make connections, question what they
read, and reflect on their learning as
they develop into stronger readers and
learners. This highly readable book
includes a wealth of classroom
examples and extensive hands-on
activities."—OCLC. This kit focuses on
the "Understanding others" topic and
includes a number of recommended
resources.

Critical thinking—Study and
teaching; Social skills—Study and
teaching; Socialization—Study and
teaching

Powerful understanding - Understanding self [26 books]

38733 KT
P

Adrienne Gear
"Explores effective ways to build social
emotional skills and help students
make connections, question what they
read, and reflect on their learning as
they develop into stronger readers and
learners. This highly readable book
includes a wealth of classroom
examples and extensive hands-on
activities."—OCLC. This kit focuses on
the "Understanding self" topic and
includes a number of recommended
resources.

Critical thinking—Study and
teaching; Social skills—Study and
teaching; Socialization—Study and
teaching

Powerful understanding - Understanding the world [20 books]

38731 KT
P

Adrienne Gear
"Explores effective ways to build social
emotional skills and help students

make connections, question what they
read, and reflect on their learning as
they develop into stronger readers and
learners. This highly readable book
includes a wealth of classroom
examples and extensive hands-on
activities."—OCLC. This kit focuses on
the "Understanding the world" topic
and includes a number of
recommended resources.

Critical thinking—Study and
teaching; Social skills—Study and
teaching; Socialization—Study and
teaching

Primary forest puppets

29075 KT

P 1993 Atheneum

by Nancy Luenn ; illustrated by Jill
Kastner.

The puppets and evergreen tree will
help children understand the links
between the forest and the animals
who live in and around the trees. The
storybook provides an Aboriginal First
Nations perspective. Could also be
used with grade 4 First Nations
section of the Social Studies
curriculum. (578.73)

First Nations; Forest animals;
Forest conservation; Puppets and
puppet plays

The Proudest Blue : a story of hijab and family

39764 BK

PI 40 p. 2019 Little Brown and
Company

Ibtihaj Muhammad with S. K. Ali ; art
by Hatem Aly.

Faizah relates how she feels on the
first day her sister, sixth-grader Asiya,
wears a hijab to school.

First day of school—Fiction; Hijab
(Islamic clothing)—Fiction; Islam—
Customs and practices—Fiction;
Muslims—Fiction; Personal and
cultural identity; School stories;
Sisters—Fiction; Ali, S. K.,—author;
Aly, Hatem,—illustrator

Random House pictureback book

For descriptions see individual titles:

We're different, we're the same
[38849]

Reading power

For descriptions see individual titles:

Transform : intermediate : Reading
Power book bin [27714]

Transform : primary : Reading Power
book bin [28066]

Self-awareness

The real game

15224 KT

I 2005 Real Game Inc

The real game series - Teacher-guided exercises and events allow students to experience issues and aspects of careers that they will face in the future: researching occupations, budgeting, leisure planning, goal setting, holiday planning, researching through interviewing, gender equity issues, and adjusting for occupational trends. Resource is also recommended for Grade 8. (331.702)

Applied design, skills and technologies; Employment; Occupations; Personal finance; Vocational guidance

The real game series

For descriptions see individual titles:
The real game [15224]

Remarkably you

39083 BK

P 2019

written by Pat Zietlow Miller ; illustrated by Patrice Barton. Children learn to be themselves and accept their different personalities.

Individuality—Fiction; Personal and cultural identity; Self-acceptance—Fiction; Barton, Patrice,—1955—illustrator

The seven sacred teachings of White Buffalo Calf Woman = : Niizhwaaswi aanike'niwendiwini : waabishiki mashkode bizhikiins ikwe

37536 BK

2011 MTW

David Bouchard & Joseph Martin ; paintings by Kristy Cameron ; flutes and music by Swampfox ; foreword by Dendrea ; Ojibwe translation by Jason and Nancy Jones.

Vivid illustrations and text -in both English and Ojibew -tells about the Seven Sacred Teachings of White Buffalo Calf, also known as the Seven Grandfather Teachings : humility, honesty, respect, courage, wisdom, truth, and love. The accompanying DVD is in English, French, Ojibwe, Bush Cree, South Slavey, and Chipewyan.

Bilingual books—English-Ojibwe; First Nations—Religion; Native Americans—Religion; Personal awareness and social responsibility; Cameron, Kristy,—1968-; Martin, Joseph,—1950-; Swampfox,—1963-

Stand tall, Molly Lou Melon

39565 BK

PI 2001 G.P. Putnam's

written by Patty Lovell ; illustrated by David Catrow.

Even when the class bully at her new school makes fun of her, Molly remembers what her grandmother told her and she feels good about herself.

Bullies—Fiction; Grandparent-grandchild relationship—Fiction; Personal awareness and social responsibility; Self-acceptance—Fiction; Catrow, David,—ill

Take action

Lead the way [16 books]

38440 KT

I 32 pce 2016 Scholastic Canada

Series Editor: Jeffrey David Wilhelm

"Leaders for good can have a big impact on the world around them, and students can be these kinds of leaders, too! Lead the Way explores the qualities of a leader for good, offers Canadian and international examples, and discusses how leadership can start at a young age." From publisher's website. Each topic pack in Take Action includes a 32-page magazine-style book for students, anchor videos, and Teacher's Guide, and is designed for whole-class study with students working in small groups. Key features of Take Action: - built on inquiry and project-based learning - social justice action initiative for each topic - cross-curricular connections to literacy, social studies, science, arts, health, math, and citizenship - teaching support with strategies for deep comprehension, critical thinking, inquiry-based learning - a website for each title with anchor videos and additional supports.

Communication; Inquiry-based learning; Interpersonal relations; Leadership; Social Studies; Social action

Teaching Tough Topics: How to Talk about Race & Racism

39760 KT

PI

"Teaching Tough Topics' shows teachers how to lead students to become caring citizens as they read and respond to quality children's literature. It is organized around topics that can be challenging or sensitive, yet are significant in order to build understanding of social justice, diversity, and equity. Racism, Homophobia, Bullying, Religious Intolerance, Poverty, and Physical and Mental Challenges are just some of the themes explored. The book is rooted in the belief that by using picture books, novels, poetry, and nonfiction selections, teachers can enrich learning with compassion and empathy as their students make connections to the texts, to others, and to the world." - OCLC.

Children's literature; Equality—Study and teaching; Multiculturalism—Study and teaching; Social justice—Study and teaching; Teaching—Aids and devices

Thanks for the feedback, I think

37249 BK

P 31 p. 2013

written by Julia Cook ; illustrated by Kelsey De Weerd.

Best me I can be Series - RJ learns what it means to receive positive and negative feedback, and how to respond appropriately, learning to accept and grow from criticism and compliments at home, school and with friends.

Applied design, skills and technologies; Communication; Feedback (Psychology)—Fiction; Interpersonal relations—Fiction; Life skills guides—Fiction; Personal awareness and social responsibility; Self-esteem—Fiction; DuFalla, Anita,—illustrator

Those shoes

39507 BK

PJ 2007 Candlewick Press

Maribeth Boelts ; illustrated by Noah Z. Jones.

Jeremy longs to have the black high tops that everyone at school seems to have. However, his grandmother cannot afford to buy them for him. One day, he's excited when he sees them for sale in a thrift shop! He decides to buy them -even though they are the wrong size.

Critical thinking; Generosity—Fiction; Grandmothers—Fiction; Poverty—Fiction; Shoes—Fiction; Jones, Noah—(Noah Z.),—ill

Thunder Boy Jr.

38778 BK

2016 Little, Brown and Company,

Hachette

by Sherman Alexie ; illustrated by Yuyi Morales.

"Thunder Boy Jr. wants a normal name ... one that's all his own. Dad is known as Big Thunder, but Little Thunder doesn't want to share a name"—

Father-son relationship—Fiction; First Nations; Identity (Psychology)—Fiction; Native Americans—Fiction; Personal and cultural identity; Personal names—Fiction; Morales, Yuyi,—illustrator

Transform : intermediate : Reading Power book bin

27714 KT

IT 2005 School District #73

Adrienne Gear

Reading power Series - A reading program that uses authentic children's literature to teach one of five reading strategies for assisting a child's reading comprehension. The Transform strategy promotes the understanding that books can change the readers' viewpoint of self, others,

Self-awareness

and the world. It also promotes readers to identify things in the books that matter to them the most. (372.47)

Critical thinking; Personal awareness and social responsibility; Reading (Elementary); Reading comprehension; Reading materials

Transform : primary : Reading Power book bin

28066 KT
PT 2005 School District #73
Adrienne Gear

Reading power Series - A reading program that uses authentic children's literature to teach one of five reading strategies for assisting a child's reading comprehension. The Transform strategy promotes the understanding that books can change the readers' viewpoint of self, others, and the world. It also promotes readers to identify things in the books that matter to them the most. (372.47)

Personal awareness and social responsibility; Reading (Elementary); Reading comprehension; Reading materials

Under pressure : the science of stress

39205 BK
IJ

Tanya Lloyd Kyi ; Marie-Ève Tremblay. Text and illustrations explore the science behind stress.

Mindfulness (Psychology); Stress (Psychology); Stress management; Worry; Tremblay, Marie-Eve,-illustrator

A walk in the rain with a brain

38017 BK
PT 2004

Edward M. Hallowell ; illustrations by Bill Mayer.

Picture book: Lucy meets a brain that helps her realize that everyone is smart in different ways. A discussion section for parents and teachers is included. Teacher's guide includes various worksheets and information pages to incorporate lessons on mindfulness and the brain for young learners. The guide looks at Growth Mindset, Fixed Mindset, various brain images, and more.

Brain-Fiction; Brain-Study and teaching; Individuality-Fiction; Neurosciences-Study and teaching; Success-Problems, exercises, etc; Success-Study and teaching; Mayer, Bill,-(Illustrator),-illustrator; Language arts (Primary)

We live here

36864 BK
PT

by Brenda Boreham and Terri Mack ; illustrated by Bill Helin ; photography credits: Keith McDonald.

From the mountains to the sea Series - Each book in this series takes the reader on a journey through a river eco-system, starting at the source and ending at the open sea. The content reveals the interconnectedness of all things and the amazing contribution that salmon provide our river ecosystems. In this book, readers look at how a river starts high up in the mountains as a variety of small pathways of water that join together and gradually gets larger until it ends when it flows into the sea. Readers will explore plants and animals in and around the river -cedar trees, salmon, bears, eagles, and orcas.

Bears; Bears-Pictorial works; Big books; Cedar; Cedar-Pictorial works; Eagles; Eagles-Pictorial works; First Nations-Study and teaching; Killer whales; Killer whales-Pictorial works; River ecology; Salmon; Salmon-Pictorial works; Helin, Bill,-illustrator; Mack, Terri,-author

We live here [6 books]

37755 KT
PIJ 16 pce 2015 Strong Nations Publishing Inc

Brenda Boreham and Terri Mack
From the mountains to the sea Series - In this book, readers look at how a river starts high up in the mountains as a variety of small pathways of water that join together and gradually gets larger until it ends when it flows into the sea. Readers will explore plants and animals in and around the river - cedar trees, salmon, bears, eagles, and orcas.

Bears; Bears-Pictorial works; Big books; Cedar; Cedar-Pictorial works; Eagles; Eagles-Pictorial works; First Nations-Study and teaching; Inquiry-based learning; Killer whales; Killer whales-Pictorial works; River ecology; Salmon; Salmon-Pictorial works

We're all wonders

37750 BK
PI 2017

written and illustrated by R.J. Palacio. "Augie enjoys the company of his dog, Daisy, and using his imagination, but painfully endures the taunts of his peers because of his facial deformity"-OCLC.

Birth defects-Fiction; Dogs-Fiction; Personal and cultural identity; Self-acceptance-Fiction; Teasing-Fiction

We're different, we're the same

39700 BK
PJ 2017

by Bobbi Jane Kates ; illustrated by Joe Mathieu. Illustrations and simple rhyming text show that while the body parts of various human and Muppet characters may look different, they have similar uses.

Human anatomy-Fiction; Individuality-Fiction; Self-acceptance-Fiction; Stories in rhyme; Mathieu, Joseph,-illustrator

We're different, we're the same

38849 BK
PJ

by Bobbi Jane Kates ; illustrated by Joe Mathieu.

Random House pictureback book Series - Illustrations and simple rhyming text show that while the body parts of various human and Muppet characters may look different, they have similar uses.

Human anatomy-Fiction; Individuality-Fiction; Self-acceptance-Fiction; Stories in rhyme; Mathieu, Joseph,-illustrator

What do you do with a problem?

37266 BK
PI 34 p. 2016

written by Kobi Yamada ; illustrated by Mae Besom.

When a problem becomes too big from worrying about it, a child decides to face the problem and learns that problems can make us stronger.

Applied design, skills and technologies; Creative ability-Fiction; Critical thinking; Personal awareness and social responsibility; Problem solving-Fiction; Besom, Mae,-illustrator

What's my superpower?

39494 BK
P 2017

by Aviaq Johnston ; illustrated by Tim Mack.

Nalvana believes she is the only kid in her neighborhood without a superpower, but then Nalvana's mom shows her just how unique and special she really is.

First Nations; Mother-daughter relationship-Fiction; Self-confidence-Fiction; Mack, Tim,-1984-illustrator; Powwows

Where are you from?

39153 BK
P 2019

by Yamile Saied M@bndez ; illustrated by Jaime Kim.

"When a girl is asked where she's from-where she's really from-none of her answers seems to be the right one. Unsure about how to reply, she turns to her loving abuelo for help."-Provided by publisher.

Self-awareness

Grandfathers–Fiction; Grandparent-grandchild relationship–Fiction; Latinos (U.S.)–Fiction; Personal and cultural identity; Kim, Jaime,–illustrator

Whole body listening

For descriptions see individual titles:
Whole body listening : Larry at school! [39994]

Whole body listening : Larry at school!

39994 BK
P 28 p. 2011 Think Social
Elizabeth Sautter & Kristen Wilson ; illustrated by Eric Hutchison.
Whole body listening Series - In this book, two siblings, Leah and Luka struggle to focus their brains and bodies during the school day. Kindly, a peer mentor helps to explain to these students how they need to use their eyes, hands, feet, heart, brain, etc. to listen in group environments - to not only access the information but to work as part of a group. The story is written in comic book format and told in a poem.

Communication–Fiction;
Communication–Study and teaching; Listening–Fiction;
Listening–Study and teaching;
Hutchison, Eric,–ill; Wilson, Kristen;
Inclusive education

Why am I me?

39521 BK
PI 2017
pictures by Sean Qualls & Selina Alko ; words by Paige Britt.
In a poetic, philosophical exchange, two children of different races ask themselves why they are who and what they are, and speculate on how they could be different.

Identity (Psychology)–Fiction;
Interpersonal relations–Fiction;
Personal and cultural identity; Alko, Selina,–illustrator; Qualls, Sean,–illustrator

Writing power

Writing power - Connect [20 books]

38730 KT
P

Adrienne Gear
A resource which supports students as they write to engage thinking. Using the same five Reading Power thinking strategies; Connect, Question, Visualize, Infer and Transform, young writers will learn how to engage and invite their readers' thinking through their writing. This book will guide teachers through a series of lessons focusing on each of the strategies. A wide range of effective writing techniques are outlined and reinforced throughout the book, as well as suggested "anchor books" for each lesson. This book comes with scripted, sequential lessons, recommended anchor books, black

lined masters and assessment rubrics. This kit focuses on the "Connect" strategy and includes a number of recommended resources.

Authorship–Study and teaching;
Creative writing–Study and teaching; English language–
Composition and exercises–Study and teaching

Writing power - Transform [20 books]

38668 KT
P

Adrienne Gear
A resource which supports students as they write to engage thinking. Using the same five Reading Power thinking strategies; Connect, Question, Visualize, Infer and Transform, young writers will learn how to engage and invite their readers' thinking through their writing. This book will guide teachers through a series of lessons focusing on each of the strategies. A wide range of effective writing techniques are outlined and reinforced throughout the book, as well as suggested "anchor books" for each lesson. This book comes with scripted, sequential lessons, recommended anchor books, black lined masters and assessment rubrics. This kit focuses on the "Transform" strategy and includes a number of recommended resources.

Authorship–Study and teaching;
Creative writing–Study and teaching; English language–
Composition and exercises–Study and teaching

Yoga for kids : an introduction to yoga /

34214 KT

PI 2004 Kimbo
Introduction to yoga. CD uses a positive approach to movement that presents simple, fun and effective activities to develop strength, flexibility and balance. These exercise routines relax the mind and body, and will promote self-awareness and self-confidence. Children will feel successful as they progress at a pace that is comfortable for them. (613.7)

Healthy schools; Physical and health education; Physical education; Yoga

Yoga for kids : smaller kit

34912 KT

PI 2004 Kimbo
Introduction to yoga. CD uses a positive approach to movement that presents simple, fun and effective activities to develop strength, flexibility and balance. These exercise routines relax the mind and body, and will promote self-awareness and self-confidence. Children will feel successful as they progress at a pace that is comfortable for them. (613.7)

Healthy schools; Physical and health education; Physical education; Yoga

Yoko

37541 BK
PJ

Rosemary Wells.
When Yoko brings sushi to school for lunch, her classmates make fun of what she eats–until one of them tries it for himself.

Food–Fiction; Japanese Americans–Fiction; Personal and cultural identity; School stories; Sushi–Fiction

Zero

38707 BK

P 2010 KO Kids Books
by Kathryn Otoshi.
Zero, dismayed by her big, empty, roundness, tries to force herself into the shape of the much-admired One, but must finally accept that she can only be Zero.

Counting; Courage–Fiction; Social skills–Fiction; Values–Fiction